



**The Redfield Senior Citizen Apartments are in need of a reliable person to take care of their sidewalks this winter season. This entails; shoveling sidewalks in front of and behind both apartment buildings and laying salt as needed. We have the driveways taken care of but would appreciate the assistance with the sidewalks.**

**If interested, call Sandy McClaran (Manager) for more information. (515) 833 - 8050**

## **2016 RRVT Trail Permits Now Available ONLINE!**

At just \$10 each, they are a great deal and a gift that gives all year long. From our website

[www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) click on "Annual Trail Pass." You don't even need to leave your warm house.

We also accept credit cards over the phone or stop in our office.

Give us a call at Dallas County Conservation Board at 465-3577 if we can assist you.



I wanted to express my thanks to everyone who keeps the trail clean and neat and accessible to all. The trees and brush along the trail make a much needed shelter for many animals and birds. Dave and I have watched many pair of cardinals and blue jays enjoy this shelter. Because of complaints about the trees and shrubs being an "eyesore", the Dallas County Conservation crew has been convinced to cut much of it down. I hope in the future, only the dead undergrowth will be cut and the shelter will remain for our animal friends.

Linda Lantz

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## Redfield Public Library

Monday 1-6 pm Tuesday 9am-12pm, 1-6pm Wednesday 1-6pm  
Thursday 1-6 pm Friday 1-6 pm Saturday 9am-12pm, 1-4pm

**Wednesday, January 27<sup>th</sup>, 2pm** - The Dallas County Conservation will be presenting the program **'Big and Small - Compare the Size,'** showing the difference of various Iowa animals through skulls, skins, and more.

### **New Adult Books at the Library:**

*Rogue Lawyer* by John Grisham  
*Golden Age* by Jane Smiley  
*Host* by Robin Cook  
*The Bazaar of Bad Dreams* by Stephen King  
*Tricky Twenty-Two* by Janet Evanovich  
*Compulsion* by Jonathan Kellerman  
*The Magic Strings of Frankie Presto* by Mitch Albom  
*Guilty* by David Baldacci  
*Dashing Through the Snow* by Debbie Macomber  
*Make Me* by Lee Child  
*The Mistletoe Inn* by Richard Paul Evans  
*All Dressed in White* by Mary Higgins Clark

### **New Audio Book at the Library:**

*Go Set a Watchman* by Harper Lee

### **New DVD's at the Library:**

*Here Comes the Boom* with Kevin James  
*Mad Max Fury Road* with Tom Hardy & Charlize Theron  
*The Christmas Ornament* with Kelli Martin & Cameron Mathison  
*Vacation* with Ed Helms & Christina Applegate  
*Elegy* with Penelope Cruz & Ben Kingsley  
*Mercy*  
*Spy* with Melissa McCarthy  
*Nothing but the Truth* with Alan Alda  
*Pixar's Inside Out*  
*The Lego Movie*  
*Disney Channel Holidays*

Submitted by Lori Stonehocker



## American Legion Auxiliary

The Ladies of the American Legions Auxiliary held their December meeting the evening of the 15<sup>th</sup> with 8 members present.

Barb Horn conducted the meeting in the usual form with all taking part. Roll call was held and the Secretary's report of the November meeting was read and met with everyone's approval. Velda had the Treasurer's report made so that everyone had a copy. It met with everyone's approval.

Janell Ketelsen reported on our gifts she had bought with a sizable sum for the Veterans. It's nice we can help.

Communications were read. A thank you from the Veteran's Band (old) for our donation to them. A letter from the After Prom Party for a donation. We gave a donation to a good cause. Darlene Pitsenbarger sent a sympathy care to Elaine on the death of her brother. Remember our three members who are in Care Centers with a card or better yet, stop by to see them.

Velda had our new books made. They are real showy (red). She does a nice job!

There being no further business, the meeting was adjourned. Submitted by Martha Hill, Secretary

## Redfield Clinic News

Flu prevention: It is not too late to get your flu immunization. Flu season tends to peak in January and February, and continues through March. Protect your family, your friends and yourself with flu vaccine.

Tanning beds increase the chance of malignant melanoma, an aggressive form of skin cancer. A recent study showed that tanning bed users have a 59% increased chance of developing melanoma, the most frequently fatal form of skin cancer. Dermatologists advise never using a tanning bed.

Quitting tobacco: Stopping tobacco use is one of the best things a person can do to improve their health and the health of the people around them. If you are interested in quitting tobacco help is available. Call the Redfield Clinic for further information.

Keeping medical care in small towns: Proposed restrictive PA rules could threaten access to health care in rural areas like Redfield. Call Ed at the Redfield Clinic for further information about what you can do to help. (515-833-2301)

Submitted by Ed Friedmann, PA

Salon B specializes in modern color services such as Ombré, Balayage, Sombre, baby lights, color melting, and fashion colors! Call to schedule an appointment for your new look today 240-7807.



## Salon B

BE BEAUTIFUL INSIDE AND OUT

### Services Menu

- Womens Haircut & Style \$25
- Mens Haircut \$15
- Childrens Haircut \$15
- Single Process Color \$50 and up
- Men's Color Camo \$20
- Highlight / Lowlight \$85 includes 2 colors
- Additional Colors \$10 each
- Perm / Straightening \$65 and up
- Wash and Style \$20
- Updo \$50 and up
- Waxing Eyes: \$10 Lip: \$5
- Spray Tan \$25

### Hours

- Sunday: Closed
- Monday: Closed
- Tuesday: 12-8
- Wednesday: 12-8
- Thursday: 12-5
- Friday: 10-4
- Saturday: by appointment only

515-240-7807

Teia Madren, Owner / Cosmetologist



## Raccoon Valley Massage Centre

*“Promoting Health in the  
Heartland”*

**Karina S. Levy LMT**  
*Start 2016 off right with a  
rejuvenating Massage from RVMC!*

30 Minutes - \$35  
One Hour - \$50

We also offer Hot Stone therapy, salt foot scrubs, and aromatherapy.

*To Schedule Your Appointment,  
Please Contact us at:*

[raccoonvalleylmt@gmail.com](mailto:raccoonvalleylmt@gmail.com)  
or 515-664-1533

*Hours: Mondays 9am-2pm & 6pm-8pm,  
Fridays 9am-2pm*



**KEEP  
CALM  
AND  
DONATE  
BLOOD**

Redfield Blood Drive  
Legion Hall  
Tuesday, January 19<sup>th</sup>  
3 – 7 pm

Call Cristin Lantz at  
833-2670 to schedule  
your appointment.  
Walk ins welcome!



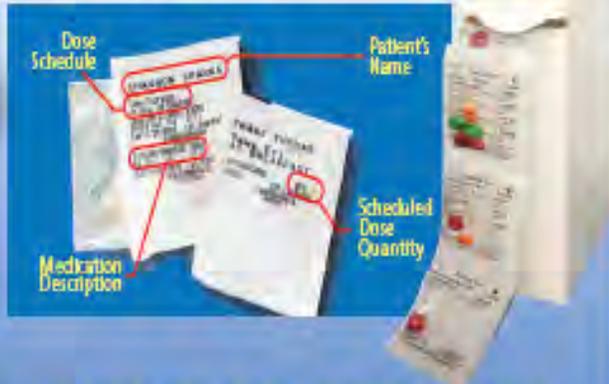
Sumpter

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## Sumpter Pharmacy and Wellness

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May this New Year Bring Many Opportunities.  
Wishing You A Successful & Prosperous 2016!



**Happy New Years!**  
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**FIRST STATE**  
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**FIND OUT HOW OUR CSA FARM WORKS  
TO FIT YOUR HEALTHY LIFESTYLE**

Register for this free event at  
515.339.5662 or  
[www.hlfarm.com/contact-us](http://www.hlfarm.com/contact-us)

Saturday, January 16 10-11am  
or  
Monday, January 18 7-8pm



33737 H Ave, Earlham



Need an Auto, Homeowner, Business, Farm, or Crop Insurance Quote? Contact Forrest (Brick) Schnobrich, who has an office with National Investors in Redfield. He is a part of their Estate Planning Team, and represents a number of Fine Insurance Companies.

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# The Lakeside VILLAGE

A 64-apartment Independent, Assisted Living & Memory Care Community located on beautiful Lake Panorama.

- Several floor plan options
- No buy in
- No monthly maintenance fee
- No lease; just month to month rentals
- No levels of care

All healthcare services are individually calculated and priced, so you don't have to worry about fitting into a level or category. The Lakeside Village is staffed with Universal Workers and a Healthcare Coordinator, RN that provide caring, compassionate, 24-hour-a-day attention to our residents. Our approach to caring for the entire resident is as unique as you!

## Amenities & Features

- Secure building
- Elevators
- Fire sprinklers
- Backup generator
- Indoor/Heated garage (limited number)
- Three, restaurant-style meals served daily
- All utilities and wi-fi included
- Personal emergency call system
- On-site beauty and barber salon
- Indoor mailboxes
- Transportation
- Private dining room
- Country Store featuring common convenience items
- Daily social and recreational activities
- Pet friendly
- Chapel
- Fitness center with walk-in tub
- Activity room with full kitchen
- Fireplace lounge with TV, library & billiards table
- Access to The Lakeside Inn outdoor pool and hot tub
- Discounted dining at The Port
- Golf access to Lake Panorama National Course



Call to schedule a tour of our beautiful community today!  
 2067 Highway 4 | Panora, Iowa  
 50216  
 (641) 755-3443  
[www.thelakesidevillage.com](http://www.thelakesidevillage.com)



## UPCOMING EVENTS:

### Alzheimer's/Dementia Caregiver Support Group

Third Wednesday of each month, 6:00-7:30 PM

2067 Hwy 4, Panora, Iowa

Support group meetings are a family caregiver's opportunity to learn more about Alzheimer's disease/Dementia and caregiving from peers who have had similar experiences or have the same questions and concerns.

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### Community Bingo

Third Wednesday of each month, 1:00-2:00 PM

Wednesday, January 20, 2016

Wednesday, February 17, 2016

Wednesday, March 16, 2016

Wednesday, April 20, 2016

Wednesday, May 18, 2016

FREE & open to the public  
Popcorn & beverages provided  
Prizes awarded for each BINGO!



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### Alzheimer's Awareness Movie Series

The Lakeside Village is hosting an Alzheimer's Awareness Movie Series which will lead up to an Educational Program, presented by the Alzheimer's Association, to be held on Thursday, March 3, 2016 at The Lakeside Village.

Thursday, February 4:  
Still Alice (PG-13)- 6:00 PM

Thursday, February 11:  
Away From Her (PG-13)- 6:00 PM

Thursday, February 18:  
I'll Be Me-The Glen Campbell Story (PG)- 6:00 PM

Popcorn and refreshments will be served at this FREE event.

Be sure to enter a drawing to win a copy of each week's movie!

For more information on any of these events or The Lakeside Village, contact Angie Holloway, Community Relations Coordinator, at 641-755-3443 or [welcome@thelakesidevillage.com](mailto:welcome@thelakesidevillage.com)



## Who Ya Gonna Call?

Alliant Energy	800-822-4348	Mangano Electric	515-993-4244
<b>Amber J's One Way Café &amp; Coffee Shoppe</b>	515-833-2900	Mediacom Cable	800-432-9213
Awesome Windshield Repair	515-554-1173	MidAmerican Energy	888-427-5632
Backroads Recordkeeping (Pam Paardekoooper)	515-833-2485	National Investors Home Office	515-833-2616
Baker Heating & Cooling	515-559-6778	National Investors North	515-833-2999
Blood Drive (Cristin Lantz)	515-833-2670		
<b>Casey's Pizza</b>	515-833-2983	Okoboji Pallet	515-833-2412
<b>Casey's Store</b>	515-833-2990	<b>The Queen's Cakery</b>	816-341-2298
<b>Cindy's Cleaning Service</b>	515-210-3889	Raccoon River Retreats	515-833-2636
City Hall	515-833-2512	Raccoon Valley Plumbing	515-612-2666
City Public Works	515-833-2600	Redfield American Legion Hall Rental (Al Carmichael)	515-833-2823
		Redfield Christian Church	515-833-2785
Dairy Shoppe	515-833-2815	Redfield Feed & Supply	515-833-2280
Dale Valley Vineyards	515-523-2199	Redfield Locker	515-833-2920
DC Conservation Hanging Rock	515-465-3577	Redfield Medical Clinic	515-833-2301
Dexfield Diner	515-833-2927	Redfield Post Office	515-833-2741
First State Bank	515-833-2303	Redfield Public Library	515-833-2200
Glen-Gery Brick	515-833-2828	Redtown Tires	515-833-2400
Hair Junction	515-833-2323	Salon B	515-240-7807
Head Start (Christina Schalk)	515-987-7428		
	712-830-1327		
Heartland Co-op	515-833-2953	Shorts Lawncare	515-480-7801
Hide It Here Mini Storage	515-360-1695	The Twisted Meatball	515-833-2381
HomeCare Services Inc of Dallas County	515-993-4531	<b>T K's Auto</b>	515-833-2377
Iowa State Patrol	800-525-5555	Valo-Biomedica	515-993-3574
Iowa Realty – Janell Ketelson	515-453-5833	Waste Management	866-781-4498
<b>Jehovah's Witness</b>	515-833-2806	West Central Valley Schools	
Johnson Funeral Home	515-789-4621	Dexter	515-789-4480
<b>Kate's Salon and Spa</b>	515-789-4100	Redfield	515-833-2331
Lawns by Light – Dustin Light	515-480-7243	Stuart	515-523-1313
Light Brothers Trucking	515-833-2365	Windstream	800-347-1991

# SPOTLIGHT MOVIES

## The Stuart Fremont Theatre

124 N Fremont St  
Stuart, Iowa  
515-523-1225



[www.spotlightmovies.com](http://www.spotlightmovies.com)

Become a friend on Facebook

Call or check the website for Movies and show times.

First Run Movies  
Stadium Seating

## The Perry Grand 3 Theatre

1312 – 2<sup>nd</sup> Street  
Perry, Iowa  
515-465-4262



Dolby Digital Sound  
High Back Rocking Chairs

# JANUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 <b>6-9am</b> Legion Breakfast
3	4	5 <b>7pm</b> City Council	6 <b>11:30am</b> Bridge Club	7	8	9 <b>6-9am</b> Legion Breakfast
10	11	12	13	14	15	16 <b>6-9am</b> Legion Breakfast
17	18	19 <b>3-7 pm</b> Blood Drive  <b>7pm</b> Auxiliary Mtg	20 <b>11:30am</b> Bridge Club	21	22	23 <b>6-9am</b> Legion Breakfast
24	25	26	27 <b>2pm</b> Dallas County Conservation @ the Library	28	29	30 <b>6-9am</b> Legion Breakfast
31						

### Do you have a submission for the Redfield Review?

Submissions can be submitted in the following ways by the 25<sup>th</sup> of the month:

- Emailed to me at [cristinlantz@aol.com](mailto:cristinlantz@aol.com)
- Mailed to me at Cristin Lantz, PO Box 80, Redfield, IA 50233
- Dropped off at my mailbox at home: 1509 Jefferson Street
- Called to me: 515-833-2670



### Are you interested in advertising in the Redfield Review?

Advertisement submissions are accepted with a suggested donation of \$5 for a ¼ page ad, \$10 for a ½ page ad, and \$15 for a full page ad, with donations going to the Redfield Development Corporation to help with the cost of the printing of the Review. We print 500 copies of the Review each month to distribute to the residents of Redfield, so every little bit helps.

If you would like to receive the Redfield Review by email, please email me at [cristinlantz@aol.com](mailto:cristinlantz@aol.com).

Thank you for your support in Redfield!

Cristin Lantz, Redfield Review Editor