

AROUND TOWN

Who Are the People In Your Neighborhood?

Submitted by Cara Dredge

There are no shortage of wonderful people who make Redfield a great place to live and work. Each month, we'll celebrate some of the neighbors making a difference in our community. This month, get to know David and Linda Lantz.

Q: What can you tell us about yourselves?

A: Dave has lived in Redfield almost 70 years and I was born in the Redfield Hospital. We've been married 51 years this month. We have two children Lisa and husband Scott and their two boys in Decorah, and Dustin and his wife Cristin and their son and daughter in Redfield. Dave's first family was 6 children-Sheila, Curtis, Penny, Patrick, Stuart and Sarah, and many grands and great-grands, so when we get together it's lots of fun and noise!

Dave served in the Army and was honored to be given a quilt of valor made by his daughter-in-law, Cristin this past year. Dave worked at the Redfield bean plant and then for A-E Dairy for 31 years. People still ask for chocolate milk or orange juice which he gave to many kids over the years. I'm a nurse and worked at the Redfield Hospital until we started our family. The rest of my career was in school nursing and public health. We both enjoy volunteer activities in retirement. Our roots are deep here in Redfield.



Say hello to David and Linda, longtime residents and volunteers who go above and beyond for their neighbors.

O: If your hometown was a food, what food would it be and why?

A: If Redfield was a food, it would be comfort food because Redfield fills us with a pleasing feeling just like comfort food does. Think breakfast at the Redfield Legion on Saturdays!

Popular Ebooks and Digital Audiobooks [and Digital Magazines] Available Free 24/7 From Redfield Public Library

Submitted by Lori Stonehocker

Readers can use the award-winning Libby app to enjoy digital books on any device

As people increasingly read and listen to books on their smartphone or tablet, they're discovering one of the best resources is their local public library. Redfield residents can access a wide selection of popular digital ebooks and audiobooks free from the Redfield Public Library With a library card, members of the community can borrow from the digital collection by downloading <u>Libby</u>, the award-winning reading app from <u>OverDrive</u>, or visiting www.redfield.lib.ia.us

Named one of *Popular Mechanics*' 20 Best Apps of the Decade, Libby seamlessly connects first-time users and experienced readers with Redfield Library's digital collection. This locally selected collection offers ebooks and audiobooks including bestsellers and new releases. Readers of all ages can select from virtually every subject ranging from mystery, romance, children's, business and more.

Readers may browse Redfield Library's digital collection, instantly borrow titles and start reading or listening for free with a valid library card.

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HEY, NEIGHBORS! If you live, work, volunteer, or otherwise help make Redfield awesome, I want to hear from you! https://forms.qle/hwxCGwmeKBCUbFPM9 [a paper copy is included in this edition] We'll spotlight a different neighbor each month in upcoming issues of the Redfield Review. If you have an idea of someone who should be included please complete the Google form: , please email your suggestion to caradredge@gmail.com

Redfield Public Library Board Meeting

Submitted by Leslie Wiles

Call to Order: Monday, November 18, 2024. 6:07 pm.

Trustees: Pauletta Cox, Leslie Wiles (via Facetime), Carolyn Wilson,

Julia Swallow

Library Staff: Lori Stonehocker Visitors: None

Elect Board of Trustee Positions:

President: Motion by Cox to nominate Wiles. Second by Wilson. Approved by all.

Vice President: Motion by Wiles to nominate Swallow. Second by Cox. Approved by all.

Treasurer: Motion by Wiles to nominate Cox. Second by Wilson. Approved by all.

Secretary: Motion by Swallow to nominate Wilson. Second by Cox. Approved by all.

Approval of Agenda for November 18 Meeting: Motion made by Wiles to table "ordinance recommendations". Second by Swallow. Approved by all.

Approval of Minutes for October 1 Meeting: Motion made by Cox to approve minutes. Second by Swallow. Approved by all.

<u>Financial Report:</u> Treasurer Cox presentation included the following information.

Cox discussed the recent measures to support the budget while also supporting state standards by dividing up our spending in specific areas of need, i.e. Technology, Building Fund, Programs, Materials, etc. Cox also presented how she has followed the guidelines of the state annual report to break spending into the areas the Library is to be serving.

Expenditures for October= \$4,382.38

Expenditures for November 1-10th=\$3,815.42

Revenue for October= State of Iowa \$959.18, Book Sales \$8.25, Copies \$2.75. Donations \$0

Revenue for November 1-10th= Book Sales \$0, Copies \$.50, Prints \$2.00. Donations \$0

(Donations of books and other items are valued by the Board and staff but not included in cash valuations of donations.)

Motion made by Wiles to approve the submitted outstanding expenditure bills (with the exception of the bill for puppets). Second by Wilson. Approved by all.

<u>Library Director Report:</u> Director Stonehocker's presentation included the following information.

*Data: October's circulation= 523. There are 5 new Library patrons and an increase in Overdrive patrons and checkouts in October.

*Days of Closure: Stonehocker discussed with the Board the upcoming days the Library will be closed. The Library will be closed on Thanksgiving Day and the day after and it will be closed on Christmas Eve and Christmas Day.

***Financial:** The monthly budget data sheets showing how funds were distributed to each category were discussed. Stonehocker was

reminded of the goal to order teen and tween level books at this time. With budget concerns, new book buying has to be a conscious plan of meeting the needs of the underserved areas in the Library and by following the guidelines of percentages of books for each age group and category. Stonehocker was reminded to use the Interlibrary Loan system that is there to assist in meeting our patron's needs. Discussion pertaining to the cost of ordering new books resulted in an agreement that Stonehocker will order from lower cost services for libraries like Emery Pratt and Baker and Taylor. Stonehocker was reminded to keep the ordering of new books at a minimum at this time, except for the targeted areas of need.

*Programs for 2nd Quarter (Oct, Nov, Dec):

Stonehocker shared 5 program planning sheets: Terrific Trees on October 14, Owls on October 16, Author David Furneaux on November 4. Hands Only CPR on December 16, and Children Crafts on December 23. She said the October and November programs went well.

Stonehocker has program planning sheets to document the program goals, budget, target audience, supplies and other information. Because the planning sheets that were presented to the Board were not completed, Stonehocker was directed to complete the planning sheets in the future.

Stonehocker was directed to publicize Library programs well in advance of the programs including information describing the program content, specific craft being made, or the upcoming book club books.

*Technology Implementation & Cataloging: Stonehocker reported the new Apollo system is installed and working fine. Since this is a new system, she was asked to write a list of any questions that she may have so that she has them on hand when she contacts help and so that any questions or concerns could be addressed in a timely manner should any issues arise.

***September County Meeting**: Stonehocker reported that she attended the meeting. The library getting \$12,000 from the county,

*Cleaning update: Stonehocker was directed to order a new restroom wastebasket and to address cleanliness issues and clutter throughout the Library.

*Progress on State Standards Accreditation: Stonehocker was reminded about the State Standards goals. Two of the goals that have been in the works for a number of weeks/months and need to be finished to move on to other ones. The Public Meeting Room needs to be ready for public use in two weeks. The Library's answering machine has been found, is working and now needs to have the Library hours in its message information by the December meeting.

*Corrective Action Plan Goals: Monthly=Book of Procedures next focus to be on passwords, keys, budget, programming, payroll, and annual report, December=Grants and Fundraisers,

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Redfield Public Library Board Meeting

Continued from page 2

November=Technology

OLD BUSINESS

*FY25 Line Item Budget: December meeting

NEW BUSINESS *Committees:

Access & Collections= Cox and Swallow meet on Nov 25 at 6:00pm

Finance= Cox and Stonehocker will decide when to meet. Stonehocker directed to complete her part of the budget paperwork by Nov 26.

Personnel= Wiles & Wilson meet on Dec 3 at 1:00pm Executive= Wiles & Swallow meet on Dec 4 at 2:00pm

*New Member Orientation: They have their books and the education website information. They are encouraged to ask questions and give input.

*City Council Annual Report: Cox made this presentation to the Council.

*Program Director Position:

Motion made by Cox to proceed with creating a Library Director of Program Outreach position. Second by Wiles. Approved by all.

*Christmas Plans: Discussion about possible activities but no definite plans made because of the busy schedules of the season.

*Art Exhibition: Swallow volunteered to help organize this future event. She will report back with ideas for it.

*Calendar of Library Events for the Upcoming Year: December meeting

*Spaces Plan: Library Director Desk=\$3,500, DVD Shelving=\$400 from Improvement Fund

Motion made by Swallow to approve payment of shelving and desk. Second by Wilson. Approved by all.

*Strategic Plan: Cox presented an update on the library revitalization plan and the state planning meeting information about it. The people at the meeting liked the emerging plan.

ADJOURN: Motion to adjourn by Wiles. Seconded by Swallow. Approved by all. Adjourned at 10:07 pm.

Next Meeting: December 16, 2024. @6:00pm

Redfield Library Board Meeting

Submitted by Leslie Wiles and Carolyn Wilson

Call to Order: Monday, December 16, 2024 at 6:01 pm

Trustees: Pauletta Cox, Julia Swallow, Leslie Wiles, Carolyn Wilson **Library Staff:** Lori Stonehocker **Visitors:** Pam Danielson

Approval of Agenda for December 16 Meeting: Wiles made a motion to meet for one hour and continue the agenda in a week. Motion died for lack of a second.

Wiles made a motion to meet until 7:30 and reconvene at 4 pm on Monday, December

23 to finish the agenda. Second by Cox. Approved by all

Approval of Minutes from November 18 Meeting: Cox requested to add that Stonehocker is to complete the corrective action plan sheet. Wiles moved to approve amended minutes. Second by Cox. Approved by all.

Financial Report

Presentation to include but not limited to:

*November 11- December 12 Revenue= Book Sales SO. Copies SO.

Donations: \$25 designated for programs (Donations are appreciated but not included in cash valuations: 3 DVDs, 7 books)

*Regular Budget Line Item proposal review: Cox presented line item adjustments to the current budget to meet the needs of the Library. Motion to accept the adjustments by Cox. Second by Wiles. Approved by all.

*FY26 Proposed Budget – Wiles moved to accept the proposed FY26 budget. Second by Swallow. Approved by all.

*Library Excellence Account – Cox explained how the account is divided into collections, programing, and facility.

*Financial Policy was approved in May. A typo was fixed and the city attorney has reviewed it. Motion by Cox to approve. Second by Swallow. All approved

Swallow made a motion to send back books by Iowa Shares rather than USPS as a library had requested. Second by Cox. Approved by all.

Wiles made a motion to approve the bills of which consisted of 2 Amazon orders and 1 Baker & Taylor bill adding to \$149.30 total with the exception of the Guild fees. Cox second. Approved by all

Library Director Report: Because of the time limit, this presentation will be continued at the December 23 Special Session Meeting.

Director Stonehocker's presentation included the following information:

Data: November's circulation =523. There are 2 new library patrons with Overdrive patrons remaining the same with 2 additional Overdrive checkouts.

*Programs: There will be a seasonal children's craft made on December 23 from 3:00 - 4:00. The Hands-Only CPR program has been canceled for December 16 and rescheduled for some time in February.

*Cleaning update: Discussion concerned a variety of cleaning topics and issues.

*Corrective Action Plan:

Monthly=Book of Procedures progress: Stonehocker presented some notes about procedures in the Board packet. She was reminded that she had been provided

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Please consider supporting the Snack Sack Ministry.

100% of any donation you make will go to purchase food for students in the West Central Valley School District. Donations can be mailed to the Redfield Christian Church [attn: Justin Reynolds], PO Box 224, Redfield, IA 50233. For more information, call Doug Jones at 515.490.1040 or Kyle Dredge: 515.619.0123.

Redfield Library Board Meeting

Continued from page 3

supplies to have a binder to present and had been given guidance as to its format. November=Technology training update: Stonehocker reported she had not completed any official tech training since directed to do so. The Board reminded her that they had provided a tech trainer for her to consult and had asked her to keep them informed how she needed support in completing training so they could provide that also but had received no feedback from her.

December=Grant & Fundraising ideas: Stonehocker presented that she did not have any information to present to the Board on these topics.

ADJOURNMENT: 7:47pm. The meeting ended past the one hour and a half time limit but approved by all.

SPECIAL SESSION MEETING: December 23, 2024 4:00 pm **NEXT REGULAR MEETING:** January 20, 2025, 6:00pm

Book Reviews for Jan. 2025

Submitted by Lori Stonehocker

Tell Me Everything by Elizabeth Strout

A New York Times best seller and a Oprah book club pick. Strout revisits familiar characters from previous novels. A story of new friendships, old loves and the desire to leave a mark on the world.

Salt to the Sea by Ruta Sepetys

Winner of a Carnegie medal. Sepetys writes a stunning book of European historical fiction. The reading level is 12 years and up. You'll want to read it and then share it with a younger family member or friend.

Winter 1945 – WW II – four refugees and four stories.

January at the Library

Book Club January 8th at 6:00 to discuss *Small Great Things* by

Jodi Picoult

Chair Yoga Wednesdays at 2:30

Mahjong Wednesdays at 5

Children's Crafts Monday, January 13th at 3 pm

Blood Pressure Devices available at the library donated by the lowa Heart Foundation

Libby available with your library card to read e-books or listen to audio books

New at the Library

Submitted by Lori Stonehocker

BOOKS: Trial by Fire by Danielle Steel | Ghosts of Panama by Mark Harmon | Lonestar Legacy by William Johnstone | State of Fear by Michel Cricht | I think | was Murdered by Colleen Coble | Daniel Tiger's A Bandage for Elaine | Disney's Frozen The Holiday Party | A Sundae With Everything on it by Kyle Scheele

IMPORTANT INFORMATION REDFIELD MONTHLY MOBILE FOOD PANTRY

Beginning January 8, 2025, the Monthly Mobile Pantry will no longer be a drive through. The pantry will be back inside the meeting room at City Hall. The hours will remain the same 4:30 pm to 6:30 pm. Customers are encouraged to bring bags to place their food in. Due to this change we are needing a few more volunteers to assist with the monthly mobile. Email Pam with questions: granmapam50@yahoo.com

Do you have something to share with Redfield? Advertisements are \$5 for ¼ page ad, \$10 for ½ page ad, and \$15 for a full-page ad. Payment can be made to the Redfield Development Corporation at First State Bank and helps with the cost of printing the Review. Have a story idea: Please send your ideas to caradredge@qmail.com or mail them to Cara Dredge, PO Box 91, Redfield, I 50233 by the 25th of the month..

Redfield Residents:
There is no parking on either side of Second Street from Jackson Street to Casey's.



Redfield Clinic News

Submitted by Ed Friedman

Weight loss is often a New Year's resolution: The benefits of weight loss are many and certainly worth the effort. These include improved heart and blood vessel function, decreased chance of developing cancer, improved sexual function, decreased anxiety and depression, less stomach fat and less total body fat, less chance of death from any cause and increased lean muscle mass.

Of the individuals who lost 20% of their initial weight (average of 30 pounds) and kept it off for one year, 94% increased their activities. 90% averaged 60 minutes of activity per day; mostly walking with two days per week of muscle strengthening exercises. Factors that made a difference in maintaining weight loss included diet, exercise frequency and intensity, time spent, type of exercise and enjoyment.

Aim to exercise 150 to 200 minutes per week. Remember the best exercise is one that you will do. Exercises should include resistance, cardiovascular training, balance and flexibility. Resistance exercises include squatting, dead lifting, pushing, pulling and include important functions like arising to a standing position from sitting or lying down.

Eating fewer calories than your body burns up in a day is key to weight loss and maintaining a healthy weight. Avoiding sugary drinks and second servings are essential. Ensuring protein intake is necessary to maintain strength. Weight loss clinics and newer medicines like Wegovy and Zepbound can be useful, but unless permanent life changes are made to increase exercise and decrease total calories consumed, weight loss is unlikely to be maintained. For guidance on exercises to do to maintain muscle strength while on weight loss medicines go to www.GLPstrong.com. Remember to consult your health care provider for guidance on weight loss, especially if you have pre-existing conditions.

Alcohol: Dry January and Sober October: Going a month without drinking any alcohol can have beneficial effects on our bodies. And one can determine if the benefits of not drinking or cutting down on alcohol consumption are for you. Of course the World Health Organization states "no level of alcohol consumption is safe for our health". Alcohol harms the body in multiple ways, especially the liver and also the heart, stomach and intestines, pancreas and brain. The liver breaks alcohol down into acetaldehyde, a known toxin and cancer causing agent. It is turned into less toxic acetate. The degree of damage is determined by how much and how long the body is exposed to these toxins.

Heavy alcohol drinking is defined as five or more drinks in a day for men and four or more for women. Even drinking one drink per day increases the risk of chronic disease.

Fortunately, stopping alcohol consumption in the early stages of liver damage can reverse much of the damage done. Even stopping in the later stages of damage can prolong life. Research shows that stopping drinking improvements occur in insulin resistance, blood pressure and weight loss. Healthier skin and intestinal flora also occurred even if lighter drinkers quit. Quitting for a month can improve sleep, anxiety and depression. Better physical and mental health can persist after a month of not drinking alcohol, especially if cutting down or quitting is permanent.

Best wishes in the new year!

REQUEST TO RECEIVE REDFIELD UTILITY BILL BY EMAIL ONLY

The default method of bill delivery is mailing paper postcard bills to our customers, but the City of Redfield has the ability to automatically email utility bills each month instead of mailing out paper postcard bills. E-Bills (receiving your bill by email) offers the following advantages:

*The opportunity to go paperless (Go Green and save more trees)!

w*A convenient way to receive and save your bills

*Eliminates bills getting lost or damaged in the mail

*Receive your bills sooner

*Saves the City money by reducing postage, material and equipment costs

The E-bill only delivery method is optional. To sign up for E-bills, complete the form below and return it to city hall. The form is also available on the city's website www.redfieldia.com Customers with multiple utility accounts should complete a City of Redfield E-Bill Sign-Up Form for each utility account.

City of Redfield E-Bill Sign-Up Form

namename	
Phone	
ning up to receive my monthly City of Redfield utility bill by email only. I also u to me by postal mail. I understand that it is my responsibility to pay my bill on t he city if an emailed bill is not received. If my email address changes, I will cont nail.	n time, even if I do not receive an
Date	
to me by postal mail. I understand that it is my responsibility to pay my bill on the city if an emailed bill is not received. If my email address changes, I will contonail.	n time, even if I do not rece

Gardening Tips for January in Zone 5 (Redfield)

Submitted by Bill Hotchkis & Janell Ketelsen (Dallas County Master Gardeners)

We would like to start off this 2025 season of our newsletter by addressing some of the things that went wrong or right in 2024. Let's start with some of our general mistakes:

- Drove in the grass when it was dry and brittle
- Used the garden tractor to collect leaves while the grass was frozen/brittle.
- Did not prune my houseplants to encourage a bushier plant
- Often forgot to water my houseplants (thought someone else was doing the watering)
- Did not order my seed catalog early enough and could not get the varieties of seeds I wanted to try in the garden.
- One major mistake was that I failed to clean my tools well and then oil them. The rust has started to show on the tools, now it has become a
 winter project (burr!!)
- Forgot to unhook my rain barrels prior to the frost thank goodness temperatures rose, and I could drain the rain barrels late in November. Here are some mistakes in the garden:
- We both planted tomato plants too close together and did not water as we should have. I also planted carrots too close together and did not
 thin them out as I should resulting in carrots that looked like pencils
- I mulched but did not pull out weeds that worked their way through the mulch. I normally pull these weeds, but I got lazy/tired
- Planted cucumbers on a cattle panel but did not give them the shade they needed when it got hot. The crop was not too good.
- I let perennials grow and grow and GROW! What a mess I will have this spring.
- I planned to burn off the garden thatch, but it got so windy and dry that Redfield had a burn ban.... these weeds took over and went to seed. I finally did get the weeds burned off but again, what a mess. Weed seeds can survive a fire.
- I over watered my potatoes that were grown in 5-gallon buckets. There was an abundance of potatoes, but they had rotted prior to harvest. That was a waste of over 30 pounds of harvested potatoes.
- I had a great harvest of onions, they were the size of softballs, but I did not know how to dry them properly, so most of them rotted before I knew what had happened
- I planted my lettuce and spinach prior to a hot spell and the plants bolted (went to seed)

We did many things right this last year and hope to build from these practices. In next month's Gardening tips, we will talk about some of these and learn from each other.

Gardening "To Do" Tips by Month for Redfield, IA

Gardening "To Do" Tips for Your Location

- Avoid heavy traffic on your dormant lawn; dry grass is easily broken and damaged.
- Remember to prune your houseplants regularly. Pinch back new growth to encourage bushier plants.
- Group houseplants to increase humidity. Keep away from frosty windowsills.
- Brush off heavy snow from your plants and trees.
- Do not forget winter birds! Put out water, seeds, and suet.
- Remove any branches that have been damaged by ice or snow.
- Check your fruit trees for any evidence of rodents; use traps where necessary.
- If you use salt on your walkways or driveways, spread it carefully to avoid damaging any of your plants. Sand or sawdust is also a suitable alternative to salt.
- Order seed catalogs as early as possible. Research plants. Consider edible varieties that are drought-tolerant or disease-resistant.
- Start ordering seeds. Do not wait too long as varieties may sell out early.
- Plan your garden location and size start small.
- Attend informational meetings that will be held locally in Redfield.

Just a note from one gardener to another.... we had a busy year and made excuses to neglect what I enjoy. Each year is different. I try new plants, get new ideas and learn from other gardeners. I ALSO KNOW THAT NO ONE IS GOING TO FIRE ME. 2025 WILL BE DIFFERENT

Popular Ebooks and Digital Audiobooks [and Digital Magazines] Available Free

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This service is compatible with all major computers and devices, iPhone®, iPad®, Android TM phones and tablets and Chromebook TM. Through Libby, readers can also "send to KindleR" [U.S. only]. All titles will automatically expire at the end of the lending period and there are no late fees. Readers can also download titles onto Libby for offline use. To get started enjoying ebooks, audiobooks and more, download Libby or visit OverDrive or www.redfield.lib.ia.us Contact: Redfield Public Library, 515 833 2200. Email address r.library@mchsi.com

American Legion Auxiliary Redfield Unit 261

Submitted by Linda Cope

President Barb Horn opened the meeting on December 17, 2024 with 9 members present. Chaplin Linda Cope started the meeting with a prayer and then the normal operating procedures were followed.

Linda Cope took roll call and recorded 150 volunteer hours for the past month.

November minutes were read. Kathy Christensen approved minutes as read. Stephanie Wine 2^{nd} . All were in favor.

Treasurer Pat Griffith gave the treasures report. Linda Cope moved to accept report as given. Bonnie Rote 2nd. All were in favor.

No bills were presented to be paid.

Old Business:

Stephanie Wine and Kathy Christensen gave a report on the sale of ornaments for Winterfest. There were 23 sold. It was decided next year to do advertising along with signage.

The Santa and reindeer that were displayed in the park for Tree and Holiday Display Lighting in the Park was discussed. It was a great display, and we will continue to add things each year. Bonnie Rote donated several of the items and agreed that we could store them back in her shed.

Barb Horn went over the veteran's dinner final details. It was a success once again.

Barb Horn was asked if we had a list of items that we could purchase for the vets. She said they need several food and clothing items, but it was decided to wait until February to purchase items as several people donate during the Holidays, but vet's need help all year long.

New Business:

There was no new business

The meeting was then closed with a prayer by Chaplain Linda Cope.

After the closing of the meeting, we all enjoyed a gift exchange.

Snow Removal Notice

Snow Ordinance for the City of Redfield will be in effect until April 1, 2025.

STREETS: 69.10 SNOW REMOVAL. No person shall park, abandon, or leave unattended any vehicle on any public street, alley, or City-owned off-street parking area during the time period of November 1st - April 1st of each year if it is snowing or snow is forecasted, or the snow is in the process of being removed or plowed from said street, alley or parking area. If the street has been fully opened and the snow has ceased to fall, one may park on any public street, alley, or parking area where parking is normally allowed.

SIDEWALKS: 136.03 REMOVAL OF SNOW, ICE, AND ACCUMULATIONS. The abutting property owner shall remove snow, ice, and accumulations promptly from sidewalks. If a property owner does not remove snow, ice, or accumulations within 24 hours, the City may do so and assess the costs against the property owner for collection in the same manner as a property tax. The abutting property owner may be liable for damages caused by failure to remove snow, ice, and accumulations promptly from the sidewalk. within 24 hours.

Redfield City Council

Submitted by Deb Light

The Redfield City Council met in regular session on Tuesday, December 3, 2024. Mayor Reed called the meeting to order at 7 P.M. Present were council members Gish, Stonehocker, Danielson, Meyers and Cave, Attorneys Updegraff and Schlagel and Clerk Light.

Meyers moved for approval of the agenda; Danielson seconded. Roll call vote – all ayes. Motion carried.

Danielson made a motion and Meyers seconded to approve the Consent Agenda, which included the minutes of the previous meeting and claims paid. Roll call vote — all ayes. Motion carried.

Pauletta Cox was present with the library report. Cox explained that the library board is a five-person board with six-year terms and renovations have begun.

Zoning Administrator Bowman was absent but reported one building permit was issued for a shed at 919 Thomas Street.

Attorney Schlagel will send letters to the homeowners that have not complied with cleanup of their property.

Fire Chief Short reported 11 calls for the month, four were fire and seven for the EMS department. Clerk Light reported that EMC had cancelled the group life policies as of December 1, 2024. The council reviewed the lowa League of Cities group accident plan through TrueNorth. Gish moved and Stonehocker seconded for approval to enroll the fire and EMS in the new plan with single coverage, cost is \$13.30 per year for \$20,000, on each member. Roll call vote — all ayes. Motion carried.

Sergeant Myers, Dallas County Sheriff's Department was on hand to answer questions on the police report. Ninety-eight hours were spent on patrol, six hours on calls with 104, total hours. Speed signs were also discussed.

P.W. Director Danielson and W.W. Supt. Clausen were present and reported the plans for the emergency connection with Xenia have been completed, Forest Aldrich, Engineer with V & K is working on finalizing them. Danielson said the new water line to the Hoy place has been completed and they are repairing the hose at the bulk water station after it froze.

Mayor Reed had nothing to report.

City Clerk applications have been reviewed and interviews will be set up for next week. Cave moved and Meyers seconded to approve the starting wage at \$20 - \$25 per hour depending on qualifications. Roll call vote – all ayes. Motion carried.

There being no further business. Stonehocker moved to adjourn, Gish seconded. Meeting adjourned at 7:39 P.M.



Redfield Mobile Pantry Program



Attention Pantry users:

Important information, the mobile pantry will no longer be a drive through pantry beginning January 8, 2025.

The Pantry will be inside at the City Hall.

Hours will remain the same, 4:30 – 6:30 p.m.

Park your car and line up at the front door of City Hall to sign in each month and receive your goods.

Please bring your own bags or a box to place your items in.

This change is a requirement of the Food Bank of Iowa.

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department.



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- Engine Service
- Full Truck Service
 & Inspection
- Clutches

- Transmissions
- Brakes
- Wheel Seals
- Engine Replacement
- Engine Overhauls

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THE LIBBY APP!

Thank You,

Redfield Board of Trustees

2024 - 2025 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)



Elderly (60 & over) and/or disabled October 1, 2024, to April 30, 2025 All other households: November 1, 2024, to April 30, 2025

APPLY BY:

In Person

Mail





LIHEAP is a federally funded program that has been established to help qualifying low-income lowa homeowners and renters pay for a portion of their primary heating costs for the winter heating season.

Household	<u>Annual</u>
<u>Size</u>	Gross Income
1	\$ 30,120
2	\$ 40,880
3	\$ 51,640
4	\$ 62,400
5	\$ 73,160
6	\$ 83,920
7	\$ 94,680
8	\$105,440

members, add \$10,760 annually, for each

additional member.

Applications are taken at the following locations: (must apply in the county you reside in)

Audubon County	109 Tracy St	Audubon, IA 50025	(712) 563-2777
Calhoun County	334 Richmond St	Rockwell City, IA 50579	(712) 297-7721
Carroll County	23751 Hwy30. PO Box 427	Carroll, IA 51401	(712) 792-9266
Dallas County	2816 1 st Avenue	Perry, IA 50220	(515) 465-5185
Greene County	1401 N Elm St Ste A	Jefferson, IA 50129	(515) 386-2719
Guthrie County	400 State St PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
Sac County	1710 W Main St	Sac City, IA 50583	(712) 662-3236

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Perry, Iowa Piecemakers Quilt of Valor (PIPQOV) Information Sheet

Honoree Name:	Honoree Phone #:		
Name & phone number of person making nomina			
Branch of service:			
Location of basic training:			
Where and when was specific training received: _			
Discharge date:			
Places served and duties:			
Other duties/experiences:			
Recognitions or honors:			
Occupations or activities since leaving service: _			
Permission to publicize? Yes No Any additional comments:	Award presentation preference?	Group	Individual

Submit form to: Barb Hansen, 2012 16th Street, Perry, IA 50220



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Rex J. Harvey Foundation

A fund has been set up to raise money for a statue of Rex J. Harvey of Redfield.

Rex attended Dexfield High School, where he helped his track and field team win two state championships under the legendary coach Dean Roe. He then earned a Bachelor of Science in Mechanical Engineering at Iowa State University, where he attended on an athletic track and field scholarship. During which he participated in four U.S. NCAA Division I Championships.

Rex was a Vietnam War Veteran, who served as a Captain in the United States Airforce. As a member of the US Military track and field team he represented the United States at many international competitions, as well as the 1972 and 1976, US Olympic Trials in the Decathlon.

Rex went on to earn a Master of Science Degree in Systems Management at the University of Southern California. During his many years as an engineer, he designed and holds several patents for nozzles. He ended his career as a Research Development Engineer at Parker Corporation in Cleveland, Ohio.

Rex continued his track career as a master's competitor, during which he won 13 straight national decathlon championships, as well as several world championships in the decathlon, pole vault, and as a member of several relay teams.

Rex was inducted into the USATF Masters Hall of Fame in 2000. He was an integral part of developing age-graded tables for scoring masters track and field athletic performances. He was elected to two terms as Vice President Stadia of World Masters Athletics (WMA). At the time of his death, he was serving as the President of USATF Masters Track & Field. Rex had accumulated one million total decathlon points, making him a World Record holder.

Donations to honor Rex can be sent to:

The Rex J. Harvey Foundation % R. Joe Smith P.O. Box 460, Redfield IA 50233

FOOD BANK OF IOWA DALLAS COUNTY PANTRY PARTNERS

If you need help, please visit these partners. Please call ahead to confirm dates and hours of service.

FOOD PANTRIES

Waukee Area Christian Services* 515-987-5523 Westview Church 1155 S.E. Boone Drive, Waukee Monday from 12:00 - 6:00 p.m.

Tuesday, Wednesday, Thursday from 9 a.m. - 3 p.m. and Saturday from 9 - 11 a.m.

Adel Good Samaritan Food Pantry

515-478-3760

215 North 11 Street, Adel

Monday and Tuesday from noon - 2 p.m. and the Perry Crossroads Church Mobile Pantry forth Monday of the month from 5 - 6 p.m.

Perry Area Emergency Food Council* 515-570-2975 3000 Willis Ave, Perry

Tuesday from 10 a.m. - 12:30 p.m. and Thursday

from 1 - 3.:30 p.m.

Redfield Mobile Pantry 515-564-0330 Redfield City Hall 808 1st Street, Redfield

First Wednesday of every month at 4:30 p.m.

Adel Mobile Pantry

515-564-0330

New Hope Church 25712 US 6, Adel

Forth Monday of every month at 5:30 p.m.

West Des Moines Crossroads Church Mobile

515-564-0330

1200 60th Street, West Des Moines

Third Monday of every month at 4:30 p.m.

515-564-0330

2810 1st Ave, Perry

Forth Saturday of odd months at 8:30 a.m.

Dallas County Hospital Mobile Pantry

515-564-0330

610 10th Street, Perry

Forth Wednesday of even months at 3 p.m.

For more information, visit www.FoodBanklowa.org or call 515.564.0330 *Will provide delivery to seniors as needed

Partners may provide delivery to seniors if they have volunteers available to do so.







L-R Kurt Thompson, John Davis, Greg Wilson, Randy Hiatt, Bruce Miller, Pat Marks, Tony Feldmann-CPA, Joe Rinaldi, Kevin Pearce, Sam Braland-Legal Council

Front Row: Jordan Foster, R. Joe Smith, Nancy Smith

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Who are the people in your neighborhood?

Anyone else remember that segment on Sesame Street where you find out about the different business owners, service people, and neighbors in the community? If you live, work, volunteer, or otherwise help Redfield be awesome, I want to hear from you! Please answer the following questions for articles to be included in upcoming issues of the Redfield Review. If you have an idea of someone who should be included, please email your suggestion to caradredge@gmail.com

Your name:
What would you like people to know about you and your family?
The name of your business or organization is:
How long have you been affiliated with this business or organization?
What is the primary goal or service offered by your business or organization?
What special events [or specials] does your business or organization have coming up?
What is something people might not know about you, your business or organization?
Just for fun, please answer one of the following questions:
1. If you could completely get rid of one month out of the year, what month would it be and why?
2. If your hometown was a food, what food would it be and why?
3. What would the silliest or most outrageous feature of your dream house be?



4J Farms Pet Nutrition	515.490.3280	MidAmerican Energy	888.427.5632
Aging Resources of Central Iowa	515.255.1310	National Investors - Home Office	515.833.2616
AJS Sanitation	515.564.9058	Nicole's Grooming & Boarding	515.705.8385
Alliant Energy	800.822.4348	Pea Ridge Products Tina Godwin	515.577.1635
Backroads Recordkeeping - Pam Paardekooper	515.833.2485	Bailey Pruitt	515.577.7573
Baker Heating & Cooling	515.559.6778	Raccoon River Retreats	515.833.2636
Blood Drive - Sue Rogers	515.720.5416	Raccoon Valley Plumbing	515.612.2666
Casey's	515.446.7659	Redfield American Legion Hall [Rental]	
Casey's Pizza	515.446.7660	Al Carmichael	515.833.2823
Chance Electric Motor	515.314.8132	Redfield Christian Church	515.833.2785
Cindy's Cleaning Service	515.210.3889	Redfield City Hall	515.833.2512
Dairy Shoppe	515.833.2815	Redfield City Public Works	515.833.2600
Dallas County 24 Hour Dispatch Non-Emergent	515.993.4567	Redfield Feed & Supplies	515.833.2280
DC Conservation Hanging Rock	515.465.3577	Redfield Medical Clinic	515.833.2301
Dexfield Diner & Pub	515.833.2927	Redfield Post Office	515.833.2741
Dollar General	515.478.3740	M-F 8 am-12 pm &1-3 pm, Sat. 9-10 am; Lobby	
DVC Plumbing - Dennis Clemetson	515.720.5856	Redfield Public Llbrary Mon., Wed. 2-7	515.833.2200
First State Bank	515.833.2303	Tue., Fri. 10-4	
Godwin Trucking - Nyle Godwin	515.250.1523	Sat. 10-12 Closed Thursday	
Hair Junction	515.833.2323	Redfield Quilt Shop	515.478.5555
Head Start - Christina Schalk	515.987.7428	Redfield United Methodist Church	
	712.830.1327	Reed's Bicycle Service and Repair	515.344.7963
Heartland Co-op	515.833.2953	Roto-Rooter Plumbing	515.278.5668
Hilltop Chapel	515.833.2515	Spracher Sewer Service	515.402.2598
Hide It Here & Hide It Here 2 Mini Storage	515.360.1695	T&T Auto Sales	515.867.8032
HTC Residential Cleaning	515.681.1744	Tigges Comfort Services, LLC	515.833.4024
Iowa State Patrol	800.525.5555	TK's Auto	515.833.2377
Johnson Funeral Home	515.789.4621	Valo-Biomedia	515.993.3574
K & D Cleaning	515.443.2487	West Central Valley Food Pantry	515.401.7102
Kate's Salon	515.473.4863	West Central Valley Schools	
Keller Williams GDM - Dan Wilson	515.371.1151	Redfield Middle School Dexter Elementary	515.833.2331 515.789.4480
Light Brothers Trucking	515.833.2365	Stuart Elementary	515.523.1018
Mediacom Cable	855.633.4226	High School	515.523.1313
		Windstream	800.347.1991



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy New Year	2	3 Garbage	4 Legion Breakfast 6-9 am
5	6	7 Legion Mtg. 6:30 Council Mtg. 7	8 Food Pantry 12:30-3:30 pm Mobile Food Pantry 4:30 Chair Yoga 2:30 Mahjong Masters 5 Book Club 6	9	10 Garbage	11 Legion Breakfast 6-9
12	13 Children's Crafts 3 Lions Club 6:30 pm	14 Recycle	15 WCV Food Pantry 12:30-3:30 pm Chair Yoga 2:30 Mahjong Masters 5	16	17 Garbage	18 Legion Breakfast 6-9 am
19	20 Library Board 6 pm Development Corp. 7 pm	21 Legion Auxiliary 5	22	23	24 Garbage	25 Legion Breakfast 6-9 am
26	27	28 Recycle	29	30	31 Garbage	