



# REDFIELD REVIEW

AROUND TOWN

## Redfield Clinic News

Submitted by Ed Friedman

**Smoking tobacco damages blood vessels** in both the heart and brain. That is why smoking increases the risk of heart attacks and strokes. Furthermore, the nicotine in tobacco causes blood vessels to narrow. That can contribute to high blood pressure. And vaping nicotine or parking nicotine pouches between your gums and cheek does the same thing. Plus, researchers have found that e-cigarettes increase the chance of developing congestive heart failure.

Five ways the free and confidential national quit line (1-800 QUIT NOW [1-800-784-8669]) can help to stop using nicotine and quit smoking:

- 1) The quit smoking counseling service is free with no judgement
- 2) Quit coaches help create a plan that can work for you
- 3) Quit coaches can help you get quit smoking medications
- 4) Quit coaches provide helpful tips on how to quit
- 5) You are more likely to stay quit using the Quit Line. For [Quitlines and Other Cessation Support Resources](#) go to: [www.cdc.gov/tobacco/hcp/patient-care/quitlines](http://www.cdc.gov/tobacco/hcp/patient-care/quitlines) Or contact your healthcare provider.

**Alcohol based antibacterial mouthwashes can kill beneficial microorganisms in your mouth.** Some of those organisms produce chemicals that help control blood pressure. To avoid this adverse effect, experts recommend using an alkaline mouthwash. Or one could brush the teeth with a fluoride toothpaste and brush or scrape the tongue to control mouth odor at least twice a day.

**Good Vaccine News:** A recent study of COVID-19 vaccine recipients found the more symptoms a person reported the higher the level of protective antibodies achieved. These side effects included fever, chills, upset stomach, tiredness, aches and pain at the injection site. While unpleasant, these effects were far outweighed by the benefits: preventing severe or long term illness, hospitalization or death. And these side effects can be treated by cold packs, over the counter pain relievers like Tylenol or Ibuprofen and planned rest (like receiving the immunization before a weekend). Simply put, the benefits of vaccination far outweigh the risks. And like the physical therapists say no pain, no gain.

## City of Redfield Council Meeting

Submitted by Deb Light, City Clerk

The City of Redfield met in regular session on Tuesday, February 4, 2025. Mayor Reed called the meeting to order at 7 P.M. Present were council members Gish, Stonehocker, Meyers, Cave, and Danielson, Clerk Light and Attorney's Updegraff and Schlagel.

One addition to the agenda was added under Old Business, Update on City Clerk position. Danielson made a motion and Meyers seconded to approve the agenda with the addition. Roll call vote – all ayes. Motion carried.

Stonehocker made a motion, Cave seconded to approve the Consent Agenda, which included the minutes of the previous meeting, claims paid and liquor license for the Diner, pending dramshop approval. Roll call vote – all ayes. Motion carried.

Library board members Pauletta Cox and Julia Swallow spoke about changes at the library and asked the council to help with the cost of adding a handicapped door to the front entrance of the library and a push bar to the back door. Bids should be available for the next meeting. They also received an application for a new member to the library board. Meyers asked to table this until next month.

Librarian Stonehocker has resigned from her position so the search for a new librarian is on. Library board member Wiles also resigned due to boundary issues but will remain as an honorary member.

Continued on page 3

**HEY, NEIGHBORS!** Our Neighbor feature will return next month. If you live, work, volunteer, or otherwise help make Redfield awesome, I want to hear from you! <https://forms.gle/hwxCGwmeKBCUbFPM9> [a paper copy is included in this edition] We'll spotlight a different neighbor each month in upcoming issues of the Redfield Review. If you have an idea of someone who should be included please complete the Google form: , please email your suggestion to [caradredge@gmail.com](mailto:caradredge@gmail.com)

**Job Posting**

**Part-Time**

**Assistant Librarian**

The Redfield Public Library is looking for an energetic, tech savvy individual who enjoys working with the public to join our staff as a part-time assistant librarian.

Tasks include assisting library patrons with finding materials, registering new users, checking out materials, shelving and cataloging of materials and other tasks as assigned. Candidates must have excellent customer service skills. Good computer skills preferred. Full job description available upon request.

Hours: Saturdays from 9a-Noon and some evening availability. Occasional availability to cover the library if director needs to take time off for personal or professional development days.

Offering \$12.00/hr

To apply, send completed City of Redfield application and/or resume to:  
[redfieldpubliclibrary@gmail.com](mailto:redfieldpubliclibrary@gmail.com)

Application deadline is open until filled.

Applications are available on the City of Redfield website.

**March Library Hours**

**March 11: 9-2 | March 12: 1-7**

**March 13: 10-4 | March 14: 10-4**

**March 15 OPEN HOUSE 9-12**

**Please consider supporting the Snack Sack Ministry.**

**100% of any donation you make will go to purchase food for students in the West Central Valley School District. Donations can be mailed to the Redfield Christian Church [attn: Justin Reynolds], PO Box 224, Redfield, IA 50233. For more information, call Doug Jones at 515.490.1040 or Kyle Dredge: 515.619.0123.**

**APARTMENT FOR RENT**  
**Redfield Senior Citizen's Home**



**1508 Thomas Street**  
**One Bedroom Apartment Available**  
**For more information, call Tammy**  
**515.360.8305**

**WE'RE HIRING!**

Job Position:  
Registered Nurse -  
Night Shift  
\$15,000 Sign-On  
Bonus!



**Job Position: IT Director**

This position plays a key role in managing technology systems & directly supports patient care and hospital operations.

APPLY NOW:  
<https://www.achsiowa.org/careers>



## City of Redfield Council Meeting

*Continued from page 1*

Zoning Administrator Bowman reported no permits were issued in January. Bowman said an application was given to the new owners of 1621 and 1623 Thomas Street to build. Scott Froyen has a request to combine parcels on the agenda tonight for approval.

Leedum was not present to comment on Code Enforcement but had a handout for the council to review.

EMS President Pardekooper reported 13 calls for the month with two billable to Linden. The EMS now have 12 people on the roster, two are junior members.

Fire Chief Short reported 13 calls, three were fire calls. Short asked the council to approve the bid from Tigges Comfort Services to replace a heater in the Fire Station at a cost of \$2,568.00. The cost will be shared by Fire and EMS. Gish moved to approve the installation of a new heater for the EMS/Fire Station, Meyers seconded. Roll call vote – all ayes. Motion carried.

Sergeant Myers with the D.C. Sheriff's Office was present. He reported 80+ hours of patrol time with 11.5 hours spent on calls.

P.W. Director Danielson said he was looking at new pickups to replace his 2016 Ford. He will have more information on that in the following months. Electric Pump worked on the Casey's lift station after a pump failed. The Taylor Street lift station will not be repaired until April as parts are not available.

Danielson also talked with Gano Excavating about the pullover area at Casey's and said Gano could grade an eight-foot x 60' pad and put in a culvert for appx. \$2,500.

Danielson reported he received a call from Bob Schmell at Diamondhead Lake asking about selling them brine. Danielson said a price of 75 cents per gallon would be a fair price. Stonehocker made a motion and Meyers seconded to have Attorney Schlagel write up a contract to be signed by both parties. Roll call vote- all ayes. Motion carried.

Danielson also mentioned the two-inch line north of town still needs upgraded to a six-inch line, he has visited with R.D. McKinney and will have prices by next month for this project.

Ordinance 2025-01, an Ordinance adding a Chapter Concerning the Placement of Shipping Containers on Property within the City of Redfield was discussed and tabled.

The Redfield Senior Citizens Homes were discussed and tabled.

The City Clerk position was discussed. The applications and resumes will be scanned to Meyers to get her input. Danielson has already reviewed them.

Stonehocker made a motion and Gish seconded to approve Resolution 2025-01, A Resolution to Appoint a Representative and Alternate Representative to the Dallas County Emergency Management Commission to attend the Commission meetings on behalf of the City of Redfield. Michael Short will be appointed as the Emergency Management Commission Representative and Wade Reed is appointed as the Alternate Representative. Roll call vote – all ayes. Motion carried.

Resolution 2025-02, A Resolution adopting a Procurement Policy for Federal Grant and Loan Award Funds was introduced. The City recently applied for a generator grant through FEMA and if awarded, the policy will need to be in place. Gish moved to approve Resolution 2025-02. Stonehocker seconded the motion. Roll call vote – all ayes. Motion carried.

A motion was made by Danielson and seconded by Cave to approve a Request to Combine Parcels #1304229017 and #1304230012. Roll call vote – all ayes. Motion carried. The homeowner will need to have it recorded.

A budget meeting was held in January and at that time, it was noted that water and sewer rates are still not where they need to be. Rates need to be raised by another 25%. Gish moved and Cave seconded to table this month but keep it on the monthly agenda. Roll call vote – all ayes. Motion carried.

Stonehocker moved and Cave seconded to approve a donation in the amount of \$100 to the WCV After Prom Committee. Roll call vote – all ayes. Motion carried.

A donation request was received from New Opportunities. They provide assistance programs to our residents from the federal and state government. This was tabled until the next meeting due to not being on the agenda.

There being no further business, Stonehocker moved the meeting adjourn. Gish seconded the motion.

Meeting adjourned at 8:28 P.M.

**Thank  
You!**

*A special thank you to my family for hosting a surprise 90th birthday party for me. Many thanks to family and friends for attending and the many cards, flowers, gifts, emails, and phone calls. Special thanks to Mary Jane Krueger for taking pictures... a birthday to remember with pleasure. Donna Kester*



## Redfield Blood Drive News

Submitted by Sue Rogers

**2025 BLOOD DRIVE DATES -- 3:30 to 7: APRIL 15; JUNE 17; AUGUST 19; OCTOBER 21; DECEMBER 16**

"THANK YOU" to the Redfield Legion for letting LifeServe use the facilities for our blood drive! Thank you to all of our donors! You take time out of your lives to come in to help someone in need. And it was COLD last week. Blessings to all of you. Call in to schedule, and let's break these numbers for April!

The following numbers are how we did for February 2025:

18 on the schedule going into the drive. 15 registered to donate. 1 FIRST TIME DONOR! 13 were able to donate. 15 units of blood collected. UP TO 45 LIVES SAVED OR SUSTAINED!

The following numbers are how we did for December 2024: 18 Registered to donate. 17 Were able to donate. 20 Units of blood collected -- We had 3 donors give doubles!! 60 LIVES SAVED OR SUSTAINED!

**OUR BLOOD DRIVE NEEDS 2 MORE SPONSORS FOR THE REMAINING BLOOD DRIVES!!** If Anyone Would Like To Reserve A Date For 2025 To Sponsor Our Blood Drive, Let Me Know. April 15 - Davis Family; June 17 - Kim Fankhauser; August 19; October 21; December 16 - Gray Family

**WALK - INS are WELCOME.** The Redfield Blood donors have been so generous, and so dedicated to this blood drive! I am so proud of all of you! Thank you so much for your dedication to be here. Hopefully we will have good weather so it is easy to get out to donate. Let's give the gift of life!

SSSOOOO---- eat supper. Stock up those red blood cells, then come, sit down, put your feet up for 10-15 minutes and give blood! If you didn't eat, we will have something good to eat, and the goodies from LifeServe to enjoy!

**2025 BLOOD DRIVE DATES!! Mark your calendars: April 15; June 17; August 19; October 21; December 16**

THANKS, again, everyone! Mark your calendars!! 3:30 - 7 p.m.

**Walk-ins are Welcome!** To schedule, Chat to schedule at 800-287-4903, lifeservebloodcenter.org. Questions? Call your Redfield Blood Drive Chair, Sue Rogers, 515-720-5416, or amberjsonewaycafe@gmail.com!

## Gardening Tips for March in Zone 5 (Redfield)

Submitted by Bill Hotchkis & Janell Ketelsen, both Master Gardeners

I am starting to sound like a broken record – (-6 degree cold temperatures once again as I write this with wind chills of -30 to -40 degrees) Even my house plants that are next to the window are cold!

I thought it would be fun to highlight a plant this month since it is cold outside. This month I would like to highlight: Blueberries: To plant or not to plant?

My wife Robin loves blueberries so last spring when I saw blueberry plants in gallon containers at Lowes, I bought a couple of them. I planted them inside a fenced area (to protect them from rabbits), the weeds took over, one died from rabbits eating it and the other plant did poorly. This was an impulse buy, and since I had not done any research to see if I should plant this cultivar, I soon found out that I should not have bought blueberries for my garden.

Continued on page 5



## The Jack Dabbler

Now offering alterations at:



Call Redfield Quilt Shop 515-478-5555  
to schedule a time to meet with  
Sophia for your alteration needs.

## Beards and Bobbins



Now offering sewing machine  
cleaning/repair and scissor  
sharpening at:



Bring your machine and/or scissors  
into the shop Thursdays, Fridays  
and Saturdays, 9a-5p.

## Gardening Tips

Continued from page 4

Here are some things to consider when planting blueberries:

- ✓ Find hybrids that are suitable for our cold winter temperatures
  - o Blueberries are a perennial plant that will live for over 20 years if cared for properly
  - o A good variety for this area is Northern Highbush (*Vaccinium corymbosum*)
- ✓ How to plant
  - o Blueberries need full sun
  - o Can be planted as a bush or as a hedge (4 feet between plants – 10 feet between rows)
  - o Plants can grow to a height of 4-5 feet
- ✓ Soil pH
  - o Soil pH should be between 4.5-5.5
  - o Do not plant until your pH is ideal (large changes in pH may take a full growing season to make the soil acidic for the plants)
  - o Use elemental sulfur to lower pH – avoid using aluminum sulfate (aluminum could build up in the soil to create toxic growing conditions)
- ✓ Soil situations to avoid
  - o Pure clay (having raised beds can somewhat help with drainage)
  - o Calcareous soils (they are high in lime content and lowering pH is impractical)
- ✓ Fertilization
  - o Annually apply appropriate amount of Nitrogen
  - o Use high N, low P and moderate K (an example is 24-6-18 fertilizer)
  - o Blueberries have a shallow root system so do not incorporate fertilizer too deep
- ✓ Moisture requirements
  - o Blueberries need water – irrigation is the best
  - o Mulch at the base of the plants to retain moisture and deter weeds from competing for moisture

Blueberries will produce poorly for the first 5-7 years then will produce for 20 years total if they are planted correctly. As with any impulse buy, I did not do my planning for this crop. Here is what I did wrong when planting my blueberries:

1. The clay soils in my garden are not compatible with blueberries without making the soil more acidic. Putting out amendments to the soil would have taken a year to change the acidity prior to planting blueberries.
2. I planted the blueberries too close together and would stunt future growth
3. Rabbits got into the patch, and they love young blueberry plants
4. I did not mulch or keep constant moisture to the young plants causing stress and poor growth
5. A person should plant several cultivars to help with pollination – and I did not do this
6. Did not know that blueberries would produce for up to 20 years  
I will need to rethink planting blueberries in my garden.

Gardening "To Do" Tips by Month for Redfield, IA

- Start some indoor seeds...flowers like petunia, snapdragon, impatiens, and celosia. Vegetables like broccoli, cabbage, and cauliflower.
- Take soil samples in your garden and take them to our local cooperative so they can test for acidity or alkaline content. Get their recommendation on how to balance the soil pH.
- In late March, prune fruit trees, berry bushes, and other woody ornamentals while they are still dormant and apply dormant oil spray to your fruit trees to help control insect feeding.
- Some plants like poppy, nigella, larkspur, and peas need a few weeks of cold weather to germinate. Direct sow outdoors where they will grow best – even if there is snow on the ground.
- March is the time to start tomatoes, eggplant, peppers, broccoli, cauliflower, and cabbage inside.
- Remove dead growth from your asparagus patch (or burn the thatch). Side dress asparagus and rhubarb with nitrogen fertilizer.
- Remove mulch from established roses & strawberry beds: remove dead leaves from any perennial plants and take them to the composting bin.
- Sow grass seed in your yard or in bare patches if the weather allows.
- Fertilize your perennial beds with a balanced fertilizer, such as 6-12-12, and your vegetable garden with 12-12-12.
- Keep notes and a diagram of where & when you plant, type of fertilizer used, the variety of plants you grew...if a problem occurs you need to know how to treat it and document the results of your actions.

**Redfield Residents:  
There is no parking on  
either side of Second  
Street from Jackson  
Street to Casey's.**

***Do you have something to share with Redfield?***  
Advertisements are \$5 for ¼ page ad, \$10 for ½ page ad, and \$15 for a full-page ad. **Payment can be made to the Redfield Development Corporation at First State Bank** and helps with the cost of printing the Review. ***Have a story idea:*** Please send your ideas to [caradredge@gmail.com](mailto:caradredge@gmail.com) or mail them to Cara Dredge, PO Box 91, Redfield, I 50233 by the 25th of the month.





Redfield Fire Dept  
PO Box 417  
Redfield IA 50233

Please join us for the  
**2025 Redfield Firemen's  
Chili and Potato Soup Supper**  
*Thursday, March 13<sup>th</sup>, 4 to 7 at the Redfield Legion*

Follow us @ <https://www.redfieldfire.org> for future fundraising events  
and progress on our new goal to replace our fire station.

If you are unable to join us for dinner and would like to donate, you  
may donate with Venmo, PayPal or send checks to:  
Redfield Fire Dept, PO Box 417, Redfield IA 50233



venmo



PayPal

**A Firemen's Prayer**

*When I am called to duty God  
Wherever flames may be  
Give me the strength to save a life  
Whatever be the age  
Help me embrace a little child before it is too late  
Or save an older person from the horrors of that fate  
Enable me to be alert and hear the weakest shout  
And quickly and efficiently, put the fire out  
I want to give the best in me  
To guard my every neighbor and protect their property  
And if according to your will, I should lose my life  
Please bless with your protective hand  
My children and my wife*

*-Author Unknown*

*The Redfield Fire Fighters Assoc Inc is a 501c3 charitable organization.*



# Redfield Public Library

redfield.lib.ia.us.com

IT ONLY TAKES 60  
SECONDS TO GET A  
LIBRARY CARD.  
JUST CALL OR  
COME IN!

THE COMPLETE  
LIBRARY  
CATELOG IS NOW  
ONLINE!

IF WE DO  
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ARE LOOKING FOR, WE  
CAN REQUEST IT FROM  
ANOTHER LIBRARY!

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CATALOG IS ACCESSIBLE  
WITH ANY SMARTPHONE,  
IPAD, AND COMPUTER!



## Did You Know?

THERE ARE 15,695  
BOOKS, AUDIOBOOKS,  
AND DVDS!

THE LIBRARY  
OFFERS THE  
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THE LIBRARY HAS 3 COMPUTERS  
AND 3 PRINTERS AVAILABLE TO  
YOU ALONG WITH FREE WIFI!

THE LIBRARY OFFERS 147,103  
DOWNLOADABLE EBOOKS AND  
AUDIOBOOKS THROUGH

THE LIBBY APP!

Thank You,  
Redfield Board of Trustees





- **DOT Inspections**
- **Engine Service**
- **Full Truck Service & Inspection**
- **Clutches**
- **Transmissions**
- **Brakes**
- **Wheel Seals**
- **Engine Replacement**
- **Engine Overhauls**

DeMoss Diesel Repair offers a variety of services on light duty, medium duty, and heavy duty on highway trucks. DeMoss Diesel Repair values quality workmanship and goes above and beyond for our customer needs and expectations. We pride ourselves on doing the job right the first time.

**515-681-3388 • REDFIELD, IA**



**2024 - 2025 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**



LIHEAP is a federally funded program that has been established to help qualifying low-income Iowa homeowners and renters pay for a portion of their primary heating costs for the winter heating season.

**Elderly (60 & over) and/or disabled**  
 October 1, 2024, to April 30, 2025  
**All other households:**  
 November 1, 2024, to April 30, 2025

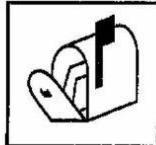
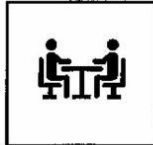
INCOME MAXIMUMS (200% POV)	
<u>Household Size</u>	<u>Annual Gross Income</u>
1	\$ 30,120
2	\$ 40,880
3	\$ 51,640
4	\$ 62,400
5	\$ 73,160
6	\$ 83,920
7	\$ 94,680
8	\$105,440

For family units with more than eight members, add \$10,760 annually, for each additional member.

**APPLY BY:**

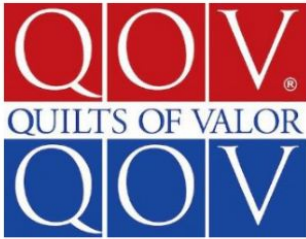
**In Person**

**Mail**



**Applications are taken at the following locations: (must apply in the county you reside in)**

<b>Audubon County</b>	109 Tracy St	Audubon, IA 50025	(712) 563-2777
<b>Calhoun County</b>	334 Richmond St	Rockwell City, IA 50579	(712) 297-7721
<b>Carroll County</b>	23751 Hwy30. PO Box 427	Carroll, IA 51401	(712) 792-9266
<b>Dallas County</b>	2816 1 <sup>st</sup> Avenue	Perry, IA 50220	(515) 465-5185
<b>Greene County</b>	1401 N Elm St Ste A	Jefferson, IA 50129	(515) 386-2719
<b>Guthrie County</b>	400 State St PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
<b>Sac County</b>	1710 W Main St	Sac City, IA 50583	(712) 662-3236



# Perry, Iowa Piecemakers Quilt of Valor (PIPQOV) Information Sheet

Honoree Name: \_\_\_\_\_ Honoree Phone #: \_\_\_\_\_

Name & phone number of person making nomination, if not honoree:

\_\_\_\_\_

Branch of service: \_\_\_\_\_ Date entered: \_\_\_\_\_

Location of basic training: \_\_\_\_\_

Where and when was specific training received: \_\_\_\_\_

\_\_\_\_\_

Discharge date: \_\_\_\_\_ Rank: \_\_\_\_\_

Places served and duties: \_\_\_\_\_

\_\_\_\_\_

Other duties/experiences: \_\_\_\_\_

\_\_\_\_\_

Recognitions or honors: \_\_\_\_\_

\_\_\_\_\_

Occupations or activities since leaving service: \_\_\_\_\_

\_\_\_\_\_

Permission to publicize?    Yes    No                      Award presentation preference?    Group    Individual

Any additional comments: \_\_\_\_\_

\_\_\_\_\_

Submit form to: Barb Hansen, 2012 16<sup>th</sup> Street, Perry, IA 50220



## **Rex J. Harvey Foundation**

A fund has been set up to raise money for a statue of Rex J. Harvey of Redfield.

Rex attended Dexfield High School, where he helped his track and field team win two state championships under the legendary coach Dean Roe. He then earned a Bachelor of Science in Mechanical Engineering at Iowa State University, where he attended on an athletic track and field scholarship. During which he participated in four U.S. NCAA Division I Championships.

Rex was a Vietnam War Veteran, who served as a Captain in the United States Airforce. As a member of the US Military track and field team he represented the United States at many international competitions, as well as the 1972 and 1976, US Olympic Trials in the Decathlon.

Rex went on to earn a Master of Science Degree in Systems Management at the University of Southern California. During his many years as an engineer, he designed and holds several patents for nozzles. He ended his career as a Research Development Engineer at Parker Corporation in Cleveland, Ohio.

Rex continued his track career as a master's competitor, during which he won 13 straight national decathlon championships, as well as several world championships in the decathlon, pole vault, and as a member of several relay teams.

Rex was inducted into the USATF Masters Hall of Fame in 2000. He was an integral part of developing age-graded tables for scoring masters track and field athletic performances. He was elected to two terms as Vice President Stadia of World Masters Athletics (WMA). At the time of his death, he was serving as the President of USATF Masters Track & Field. Rex had accumulated one million total decathlon points, making him a World Record holder.

Donations to honor Rex can be sent to:

**The Rex J. Harvey Foundation  
% R. Joe Smith  
P.O. Box 460, Redfield IA 50233**

# FOOD BANK OF IOWA

## DALLAS COUNTY PANTRY PARTNERS

If you need help, please visit these partners. Please call ahead to confirm dates and hours of service.

### FOOD PANTRIES

Waukee Area Christian Services\*  
515-987-5523

Westview Church  
1155 S.E. Boone Drive, Waukee  
Monday from 12:00 - 6:00 p.m.  
Tuesday, Wednesday, Thursday from  
9 a.m. - 3 p.m. and Saturday from 9 - 11 a.m.

Adel Good Samaritan Food Pantry  
515-478-3760  
215 North 11 Street, Adel  
Monday and Tuesday from noon - 2 p.m. and the  
forth Monday of the month from 5 - 6 p.m.

Perry Area Emergency Food Council\*  
515-570-2975  
3000 Willis Ave, Perry  
Tuesday from 10 a.m. - 12:30 p.m. and Thursday  
from 1 - 3:30 p.m.

Redfield Mobile Pantry  
515-564-0330  
Redfield City Hall  
808 1st Street, Redfield  
First Wednesday of every month at 4:30 p.m.

Adel Mobile Pantry  
515-564-0330  
New Hope Church  
25712 US 6, Adel  
Forth Monday of every month at 5:30 p.m.

West Des Moines Crossroads Church Mobile  
515-564-0330  
1200 60th Street, West Des Moines  
Third Monday of every month at 4:30 p.m.

Perry Crossroads Church Mobile Pantry  
515-564-0330  
2810 1st Ave, Perry  
Forth Saturday of odd months at 8:30 a.m.

Dallas County Hospital Mobile Pantry  
515-564-0330  
610 10th Street, Perry  
Forth Wednesday of even months at 3 p.m.

**For more information, visit [www.FoodBankIowa.org](http://www.FoodBankIowa.org) or call 515.564.0330**

**\*Will provide delivery to seniors as needed**

Partners may provide delivery to seniors if they have volunteers available to do so.



**FOODBANK**  
OF IOWA





L-R Kurt Thompson, John Davis, Greg Wilson, Randy Hiatt, Bruce Miller, Pat Marks, Tony Feldmann-CPA, Joe Rinaldi, Kevin Pearce, Sam Braland-Legal Council

Front Row: Jordan Foster, R. Joe Smith, Nancy Smith

- Design of Retirement Income Plans
- Design of Comprehensive Estate Plans
- Social Security Analysis & Personal Reports
- \* Wills, Trusts, Living Wills, Health Care Power of Attorney, and Financial Power of Attorney
- \* Provided by Licensed Iowa Attorneys

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# FIRST STATE BANK

## FSB's App

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# Who are the people in your neighborhood?

Anyone else remember that segment on Sesame Street where you find out about the different business owners, service people, and neighbors in the community? If you live, work, volunteer, or otherwise help Redfield be awesome, I want to hear from you! Please answer the following questions for articles to be included in upcoming issues of the Redfield Review. If you have an idea of someone who should be included, please email your suggestion to [caradredge@gmail.com](mailto:caradredge@gmail.com)

Your name: \_\_\_\_\_

What would you like people to know about you and your family? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The name of your business or organization is: \_\_\_\_\_

How long have you been affiliated with this business or organization? \_\_\_\_\_

What is the primary goal or service offered by your business or organization? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What special events [or specials] does your business or organization have coming up? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What is something people might not know about you, your business or organization? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Just for fun, please answer one of the following questions:

1. If you could completely get rid of one month out of the year, what month would it be and why?
2. If your hometown was a food, what food would it be and why?
3. What would the silliest or most outrageous feature of your dream house be?

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# REDFIELD REVIEW

4J Farms Pet Nutrition	515.490.3280	MidAmerican Energy	888.427.5632
Aging Resources of Central Iowa	515.255.1310	National Investors - Home Office	515.833.2616
AJS Sanitation	515.564.9058	Nicole's Grooming & Boarding	515.705.8385
Alliant Energy	800.822.4348	Pea Ridge Products Tina Godwin Bailey Pruitt	515.577.1635 515.577.7573
Backroads Recordkeeping - Pam Paardekooper	515.833.2485	Raccoon River Retreats	515.229.9510
Baker Heating & Cooling	515.559.6778	Raccoon Valley Plumbing	515.612.2666
Blood Drive - Sue Rogers	515.720.5416	Redfield American Legion Hall [Rental] Al Carmichael	515.833.2823
Casey's	515.446.7659	Redfield Christian Church	515.833.2785
Casey's Pizza	515.446.7660	Redfield City Hall	515.833.2512
Chance Electric Motor	515.314.8132	Redfield City Public Works	515.833.2600
Cindy's Cleaning Service	515.210.3889	Redfield Feed & Supplies	515.833.2280
Dairy Shoppe	515.833.2815	Redfield Medical Clinic	515.833.2301
Dallas County 24 Hour Dispatch Non-Emergent	515.993.4567	Redfield Post Office	515.833.2741 <i>M-F 8 am-12 pm &amp; 1-3 pm, Sat. 9-10 am; Lobby open 24 /7</i>
DC Conservation Hanging Rock	515.465.3577	Redfield Public Library	515.833.2200 <i>Mon., Wed. 2-7 Tue., Fri. 10-4 Sat. 10-12 Closed Thursday</i>
Dexfield Diner & Pub	515.833.2927	Redfield Quilt Shop	515.478.5555
Dollar General	515.478.3740	Redfield United Methodist Church	
DVC Plumbing - Dennis Clemetson	515.720.5856	Reed's Bicycle Service and Repair	515.344.7963
First State Bank	515.833.2303	Roto-Rooter Plumbing	515.278.5668
Godwin Trucking - Nyle Godwin	515.250.1523	Spracher Sewer Service	515.402.2598
Hair Junction	515.833.2323	T&T Auto Sales	515.867.8032
Head Start - Christina Schalk	515.987.7428 712.830.1327	Tigges Comfort Services, LLC	515.833.4024
Heartland Co-op	515.833.2953	TK's Auto	515.833.2377
Hilltop Chapel	515.833.2515	Valo-Biomedica	515.993.3574
Hide It Here & Hide It Here 2 Mini Storage	515.360.1695	West Central Valley Food Pantry	515.401.7102
HTC Residential Cleaning	515.681.1744	West Central Valley Schools	
Iowa State Patrol	800.525.5555	Redfield Middle School	515.833.2331
Johnson Funeral Home	515.789.4621	Dexter Elementary	515.789.4480
K & D Cleaning	515.443.2487	Stuart Elementary	515.523.1018
Kate's Salon	515.473.4863	High School	515.523.1313
Keller Williams GDM - Dan Wilson	515.371.1151	Windstream	800.347.1991
Light Brothers Trucking	515.833.2365		
Mediacom Cable	855.633.4226		





# REDFIELD REVIEW

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> Legion Breakfast 6-9 am
<b>2</b>	<b>3</b>	<b>4</b> Legion Mtg. 6:30 Council Mtg. 7	<b>5</b> Food Pantry 12:30-3:30 pm Mobile Food Pantry 4:30 Chair Yoga 2:30 at City Hall	<b>6</b>	<b>7</b> Garbage 	<b>8</b> Legion Breakfast 6-9
<b>9</b>	<b>10</b> Lions Club 6:30 pm	<b>11</b> Recycle 	<b>12</b> WCV Food Pantry 12:30-3:30 pm Chair Yoga 2:30 at City Hall	<b>13</b>	<b>14</b> Garbage 	<b>15</b> Legion Breakfast 6-9 am
<b>16</b>	<b>17</b> Library Board 6 pm Development Corp. 7 pm	<b>18</b> Legion Auxiliary 5	<b>19</b> Chair Yoga 2:30 at City Hall	<b>20</b>	<b>21</b> Garbage 	<b>22</b> Legion Breakfast 6-9 am
<b>23</b>	<b>24</b>	<b>25</b> Recycle 	<b>26</b> Chair Yoga 2:30 at City Hall	<b>27</b>	<b>28</b> Garbage 	<b>29</b> Legion Breakfast 6-9 am
<b>30</b>	<b>31</b>					