AROUND TOWN

Hanging Out With the PA of the Year

Submitted by Ed Friedmann, P.A.

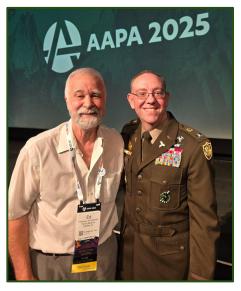
US Army Colonel James J. Jones, PhD, PA was named National PA of the year on May 19, 2025 at the Annual PA Conference held in Denver. Colorado.

Not only has Col. Jones provided outstanding medical care throughout the United States and the world, he was recently appointed as the Director of the White House Medical Unit, marking the first time a PA has held this position. This means Col. Jones now oversees the medical care of the President. Vice President, their families, and senior White House staff, and manages a multidisciplinary team responsible for medical planning and leader support in both domestic and international settings.

In addition to his military roles he is an educator and author teaching at George Washington and Baylor Universities and writing many published medical articles and books on tele-medicine, prolonged care in the field and dignitary medical care. And he has provided volunteer primary medical and preventive care for medically under-served

individuals in the San Antonio area.

Col. Jones grew up in rural Texas and New Mexico so, unsurprisingly, is an easy going and down to earth person. As he notes "the most rewarding part of being a PA is the privilege of taking care of Pictured with US Army Colonel James people and being trusted to provide that care even in the White House." It was a privilege to meet J. Jones, PhD, PA & national PA of the someone so accomplished, making the world a better place than he found it. I'm still getting used to vear is PA Ed Friedmann. the new Army brown dress uniforms that have replaced our old olive drab ones.



Redfield Development Meeting Minutes

Submitted by Cristin Lantz, Secretary

Meeting called to order at 7pm on May 19, 2025 by Darci Konkler, President.

In Attendance: Darci Konkler, President; Jim Eide, Vice-President, Dustin Lantz, Cristin Lantz, Katie Schlitter, Dave Lantz, Linda Lantz, Louise Kipping, Larry Davis, Dode Davis, John Hoy, Ryan McAtee, Jason Tigges, Craig Pote, Heather Pote

Reports: Jim Eide gave the Treasurer's report in absence of Shane Murphy. Treasurer. Since there is no Secretary for Development, Darci made a motion to nominate Cristin Lantz as Secretary. Heather seconded. Motion passed.

New Business: Summer Breakfasts at the Legion – Dustin Lantz

- Development takes over breakfasts on May 31st.
- Fireman working 6 breakfasts June 14, 21, July 12, 26 and August 9, 23.
- WCV High School Costa Rica Trip August 16
- WCV Middle School Washington DC Trip July 19
- Leaves 6 breakfasts for Development to staff May 31, June 7, 28, July 5, August 2, 30 reach out to Dustin at 515-669-7338 to volunteer.

Raccoon River Valley Trail Depot - Louise Kipping

Depot is open Saturdays, Sundays and holidays, 9a-5p. Continues to be a challenge for volunteers to cover shifts. Cookies are covered. Reach out to Louise at 206-947-4644 to volunteer.

Direction of Redfield Development – Dustin Lantz

- Dustin briefly recapped the special meeting that was held in April to discuss the direction of Redfield Development toward more of a Chamber role. It's going to take work, recruitment and persistence to be successful.
- Katie Schlitter had given Dustin a contact with Greater Des Moines Partnership. This person recommends 501C6 in addition to Development's

State Senator Visits Redfield

Submitted by Ed Friedmann, P.A.

lowa state senator Sarah Trone Garriott, who represents southeast Dallas county and part of Polk county in the lowa legislature, visited Redfield Medical Clinic on Saturday May 21, 2025. Senator Garriott is interested in rural health care and has been helpful in keeping medical care in our small towns like Redfield. While in Redfield she attended our breakfast and met with folks to listen to their concerns and suggestions. She is a Lutheran minister who serves a congregation in West Des Moines. Always willing to serve, she is running to represent us in the third U.S.congressional district in central lowa.

Pictured [right] is State Senator Trone Garriott and Ed Friedmann at the Redfield breakfast.



Gardening Tips for June in Zone 5 (Redfield)

Submitted by Bill Hotchkiss & Janell Ketelsen – both Master Gardeners

As I write these notes for the June gardening tips for Redfield, the weather continues to be wet and cool (with severe storms in the forecast). The drought is over in our geography. Plants are growing fast (especially the weeds!) and those shrubs and perennials I have planted are off to a great start.

I look at my garden and realize there are more chores I need to do to raise the food I had planned for the year. The extra rain and cool spring have delayed many of my garden chores, transplants need to get into the ground, but this year, I have stayed on top of spraying our fruit trees (for insects and diseases). Last year I got behind on spraying for insects and at harvest time, all of the apples had blemishes. Here are some additional things to think about for the month of June.

Gardening "To Do" Tips by Month for Redfield, IA

Early June:

- Moisten and turn compost.
- Prune back salvia and catnip to have summer blooms.
- Deadhead roses.
- Fungicide/insecticide applications for apple trees to prevent blemishes and diseases.
- Keep an eye on herbicide applications to neighboring lawns and protect your plants from chemical damage
- Don't forget to weed the garden. It is easier to remove small plants rather than large established plants with big root systems
- Share early harvest (asparagus, spinach, mushrooms, lettuce, and radishes) with others
- Share extra plants (tomato, pepper, zucchini) with others to plant in their gardens
- With the abundance of rainfall, do not over water the garden. Many plants do not do well when they have soggy root systems.

Mid lune:

- Stop harvesting rhubarb and asparagus to allow energy to move into the root system.
- Plant ground cover where grass won't grow.
- Start scouting for squash bug egg masses on vine crops.
- Check crops daily if you can. Rabbits, deer and birds can do a lot of damage in one night. Especially if your neighbors feed the deer.
- You should be enjoying lettuce, spinach, and radishes by now. Remember to plant every 2 to 3 weeks for continuous crops.

Additional Tips:

- Perennials Make Life Easier...
 - 1. Allium
 - 2. Astilbe
 - 3. Aster
 - 4. Bee Balm
 - 5. Bleeding Heart
 - Companion Planting (plant together)
 - 1. Tomato/Basil
 - 2. Onion/Carrots

Redfield Development Meeting Minutes

Continued from page 1

501C3. We would just need to keep the money separate but could still function as one group. Dustin was unable to meet up with the person before the meeting but will attempt to schedule and possibly invite to a future meeting.

• The need for marketing was discussed. Two local marketing individuals were discussed. Dustin to reach out.

Baccoon Ride – June 14

This year's theme is Harry Potter. After much discussion it was decided that Development would make bacon, jalapeno jelly and peanut butter sandwiches to sell at the park. Sandwiches will be made the night of June 13 at the Legion. Set up will be 10am on June 14. Ride comes through Redfield around 1-3pm.

Old Settlers - June 27-29

Having a float in the parade was discussed. It was decided to put off until 2026 as many are already busy with other organizations during the parade.

New Ireland Park - Darci Konkler

- Labyrinth still needs to be completed. A workday in July will be scheduled at the next meeting to work on this.
- It was brought up that the WCV Middle School would love to help with projects in Redfield. Need to come up with fall and spring projects for the park, or anywhere around town. Heather can help facilitate with Mr. Stonewall.

Redfield Museum – John Hov

The museum needs volunteers to help rejuvenate, as well as staff. This is also something that kids can volunteer to help with.

Potential Projects

Discussion was had on what projects could be done with Development funds. A pickleball court was mentioned as they have one in Menlo.
 Discussion was tabled for now

Next Meeting: Next meeting will be held on Monday, June 16th, 7pm at the Legion. Darci motioned to adjourned and Jason seconded at 8:15pm.

Gardening Tips for June in Zone 5 (Redfield)

Continued from page 2

- 3. Lettuce/Radish
- 4. Corn/Beans/Squash
- 5. Basil/Dill
- Avoid Planting These Plants Together
 - 1. Tomatoes/Potatoes
 - 2. Onions/Beans
 - 3. Cabbage/Lettuce
 - 4. Peppers/Fennel
 - 5. Corn/Potatoes
 - 6. Cabbage/Strawberries

There are several reasons for utilizing companion planting in your garden – two examples are enhanced pest control and better yields

- Theres is still time to plant the following veggies in June – they are:
 - 1. Summer Squash
 - 2. Tomatoes
 - 3. Peppers
 - 4. Green Beans
 - 5. Small melons...Honeydew and Cantaloupe
 - 6. Cucumbers
 - 7. Onions
 - 8. Lettuce

Don't stop planting!!



Redfield Residents:

There is no parking on either side of Second Street from Jackson Street to

Casev's

Redfield Library Board

Submitted by Carolyn Wilson

Regular Meeting: April 24, 2025 Call to order at 5:12 PM

Trustees: Larry Moone, Julia Swallow, Carolyn Wilson Honorary Trustee: Leslie Wiles Library Director Ashley Kuonen Absent: Pauletta Cox **Approval of minutes from 3/26/2025.** It was moved by Moone to approve the minutes of the March 26 meeting. Second by Wilson. Approved by all.

Approval of Agenda for 4/24/2025- Wilson moved to approve the agenda. Second by Moone. Approved by all.

Financial Report: Motion was made by Moone to pay bills totaling \$1623.15. Second by Wilson. Approved by all.

The current budget information and line item shifts to meet the current fiscal year anticipated needs were discussed. Director Ashley presented financial information she had worked through to help the board shift the line items to support that goal. Motion made by Moone to approve the budget line item adjustments for this fiscal year. Second by Wilson. Approved by all.

The board discussed continuing to utilize the trust monies in the library renovations. The full 25% is needed to be removed from the trust to pay for purchases of furniture and computer updates. Motion made by Wilson to move the necessary monies out of the library trust to apply the payments for improvements already purchased and updates remaining this fiscal year, within the resolution guidelines. Second by Moone. Approved by all.

It was discovered that according to code 336 that the county and state money was incorrectly placed in an interest bearing account and needs to be in the general fund. The county money totaled \$12,325 and the two state payments were \$959.18 and \$187.56 for this fiscal year. Swallow will talk to the mayor and the city council about this. She will check to see if the city council can nullify their approval of the past resolution so library monies will be handled according to state code standards in the future. Motion made by Moone to remove the library money from the trust fund and place it in the general fund. Second by Wilson . Approved by all.

Progress and Service Reports: Programs & Events: The Library Director reported that 27 people came to visit the Easter Bunny. Some of the children shared their craft with the Easter Bunny and some wanted a picture taken. Sip and Socialize has had fluctuating attendance. The Home School collaboration program has been launched. Director Ashley is talking with the Master Gardener group about having a herb gardening presentation. She has contacted Dallas County Conservation about possible future programs and is waiting for their response.

An assistant librarian position with the new expectations of scheduled weekly hours has been advertised. Candidates have applied and been interviewed. The new assistant is expected to have a starting date for the week of May 4.

The Raising School Ready Readers program will be held at the Library on Fridays, May 23 – June 20th from 10:30 – noon. This is put on by ISU Extension and is a free program.

The STEM grant was received. The Library Director will sign up for training and the program will be for grades 3-8.

Prizes will be awarded for the Summer Reading Program. Some local businesses will be contacted to ask about sponsoring some prizes.

The baby chicks were sold for \$50 in total which will be seed money for the Friends of the Library Fund.

Unfinished & New Business: The Circulation Policy was reviewed. Motion to approve by Moone. Second by Wilson. Approved by all. The Unattended Child Policy was reviewed. Motion to approve by Moone. Second by Wilson. Approved by all. The Patron Conduct Policy was reviewed. Motion to approve by Wilson. Second by Moone. Approved by all.

Director Ashley presented computer issues: one computer no longer works, another computer is very slow. Computer update costs may be lessened if only new computer towers are purchased at this time.

Other furniture updates to be purchased will be determined by the amount of money left in the budget at the end of the fiscal year.

Library Director Ashley plans to attend the New Director Roundtable on Wednesday, May 7th and the Dallas County Library Association meeting on Monday. May 19th.

Motion by Moone to adjourn the meeting. Second by Wilson. Meeting adjourned at 6:53 p.m. Next meeting is May 28 at 5 p.m.

Do you have something to share with Redfield?

Advertisements are \$5 for ¼ page ad, \$10 for ½ page ad, and \$15 for a full-page ad. Payment can be made to the Redfield Development

Corporation at First State Bank and helps with the cost of printing the Review. Have a story idea: Please send your ideas to caradredge@gmail.com or mail them to Cara Dredge, PO Box 91, Redfield, I 50233 by the 25th of the month.

Library Hours:

Sunday: Closed

Monday: Closed

Tuesday: 9-2

Wednesday: 1-7

Thursday: 12-6

Friday: 10-4 Saturday: 9-12

American Legion Auxiliary Redfield Unit 261

Submitted by Linda Cope

President Barb Horn was not present, so Vice President Stephanie Wine opened the May 20, 2025 meeting with seven members present. Chaplin Linda Cope started the meeting with a prayer and then the normal operating procedures were followed.

Linda Cope took roll call and recorded 105 volunteer hours for the past month.

April minutes were read. Kathy Christensen approved minutes as read. Janell Ketlesen 2nd. All were in favor.

Treasurer Pat Griffith gave the treasure's report.

Stephanie Wine moved to accept the report as given.

Bonnie Rote 2nd. All were in favor.

Old Business:

Pat Griffith reported that the WCV Art teacher did not respond to her request for poppy pictures from the students. We have always given a cash prize to the winners each year so there will be nothing given this year. We are in hopes the teacher is more engaged next year.

The Dallas County Spring Meeting was held on April 22nd. It was a success.

Poppy day is coming up. We will be distributing poppies on May 24, 2025, at the Legion breakfast. Janell Ketlesen and Linda Cope will be there at 6:00 AM to get their first customers. All other members were encouraged to stop that morning and help if they are available. Janell will set up our table the Friday before.

Janell Ketlesen then asked if we could all get matching shirts or aprons to wear at special meetings and funerals. The Legion orders shirts and sells them to their members on a regular basis at a very reasonable price. Butch Horn is the one who does this so Barb Horn is checking into it. This is still pending.

New Business

The meal for Old Settlers was then planned. It will be the usual beef burgers, hot dogs, chili dogs, potato salad, chips, drinks and cookies. We will keep prices the same as last year.

Pat Griffith and Kathy Christensen will go the week of Old Settlers and get all the supplies for the meal. Kathy will also be making the chili this year as Bonnie Rote will not be available. There are several members who will not be available to help (Bonnie Rote, Linda Cope, Pat Griffith and Heather Pike) so Stephanie Wine and Kathy Christensen will reach out to line up more help.

It was also discussed that there will be a change in officers, and we will have a couple positions that need filled.

The meeting was then closed with a prayer by Chaplain Linda Cope.



A Celebration of Life for Dean Smith will be held Saturday, June 21st 1pm to 4pm at the Stuart American Legion and Skating Rink

To whom it may concern,
Let's shift the narrative around aging in
honor of World Elder Abuse Awareness
Day. Observed annually on June 15th,
this day is an essential opportunity for
our community to come together to
ensure the safety and well-being of our
older adults. If you have concerns about
an older individual's welfare, please get
in touch with your local Area Agency on
Aging at 866-468-7887. Together, we can
create a safer environment for everyone
in our community.

Redfield Clinic News

Submitted by Ed Friedmann, P.A.

Staying healthy: Here are some important things to do to increase your chances of staying healthy. Multiple studies have shown that what you eat has a big effect on staying healthy. Eating a plant based diet can reduce the chances of getting diabetes, high blood pressure and cancer. Consuming such a diet can reduce inflammation and the chances of developing heart disease and dementia, and lead to better health. Following the Mediterranean or Mind diets that are rich in foods can boost brain health and overall metabolism. These food groups typically include leafy greens, vegetables, nuts, berries, beans, whole grains, fish, poultry, and olive oil.

Another key factor is strength training 3-4 times a week. Lack of such exercise causes loss of muscle mass and bone density. Exercise decreases the chance of injury such as falling and of breaking bones, and is important to brain health too.

Sleeping 7-8 hours a night is a key element in overall health. That means establishing a healthy bedtime routine that signal your brain that it is time to sleep, including turning down the lights, avoiding screen time and turning the room temperature. Getting a good night's sleep improves memory, mood and brain efficiency by giving the brain a chance to clear waste products out and retune.

Taking regular breaks to meditate briefly during the day can increase one's efficiency and decrease the negative effects of stress. Relaxation deep breathing breaks can harness stress to help one get the work done and not be worn out at the end of the day.

Adequate hydration is important to good health and too often not achieved. Dehydration can lead to heat cramps, heat exhaustion or deadly heat stroke. The average person should drink one half their weight in ounces of water most days. If in a hot environment or if perspiring twice that amount or more may be required. If you have any special medical conditions be sure to consult your health care provider. Keeping a water bottle with you can be a good reminder to help you achieve your goal.

Of course avoiding alcohol and regular medical checkups with your medical care provider are not just for kids but are important to staying in good health. An ounce of prevention is worth a pound of cure.



Thank You, Deb!

Deb Light, City Clerk at Redfield has retired after 23.5 years of service. Deb has worked with six mayors, several council members, and a couple of really great Public Works guys over the years. She will miss her customers and friends that stopped in monthly to visit. She is looking forward helping out with the grandkids, watching softball and games, traveling some.

Ma will miss

REDFIELD OLD SETTLER'S

Minjer Monderland

PARADE MARSHALS: BONNIE ROTE & BEA MILLER

FRIDAY, JUNE 27

3:00 PM	Vendor	set up	City	Park,	2 nd	St)	
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4:00 PM BINGO (Redfield Lion's Shelter, City Park)

5:00 PM Vendors open

Five Buck Duck sales (City Park Slab)

5:45 PM Kid's parade line up, sign up for Little Mr. & Miss Redfield (City Park Slab)

6:00 PM National Anthem, Mayor's Welcome, Grand Marshals, Little Mr. & Miss

Redfield Announcement, Kid's Parade, & Kid's Tractor Pulls (City Park Slab)

7:00 PM DJ & Karaoke with DJ Hot Chocolate (South City Park Shelter at Jefferson St)

SATURDAY, JUNE 28

6:00 AM Legion Breakfast (Redfield Legion Hall)

7:00 AM Five Buck Duck Sales until parade begins (outside Redfield Legion Hall)

10:00 AM Parade line up (Redfield Middle School Football Field)

11:00 AM PARADE

12:00 PM Women's Auxiliary Beef Burger Luncheon (Redfield Legion Hall)

Inflatables (City Park)

BINGO (Redfield Lion's Shelter, City Park) Vendors Open (City Park & 2nd Street)

Outdoor Family Games with the Fire Department (City Park)

Cow Pie BINGO (Jefferson & 2nd St)

Redfield Quilt Shop Quilt Show (United Methodist Church)

1:00 PM Horseshoe Tournament (City Park)

Five Buck Duck Race (Redfield Dam to Hanging Rock) **subject to weather**

2:00 PM Kid's Water Fights with Redfield Fire Department (Jefferson & 2nd St)

3:00 PM Car and Bike Show (Dairy Shoppe)

8:00 PM Music from The Savage Freds (South City Park Shelter at Jefferson St)

SUNDAY, JUNE 29

11:00 AM Church in the Park (City Park)

12:00 PM Redfield Quilt Shop Quilt Show (United Methodist Church)

12:30 PM* Alumni Banquet (Redfield Legion Hall)

REDFIELD OLD SETTLERS CAR & BIKE SHOW!

SATURDAY, JUNE 28

3.00 PM - 5.00 PM





FRBB BNTRY



PRIZES AWARDED FOR:

REGISTRATION BEGINS AT 2.00 PM AT THE DAIRY SHOPPE



An exhibit of quilts made by local quilters.

Saturday, June 28th at Noon and Sunday, June 29th at Noon at Redfield Methodist Church, 715 Jefferson Street

This must-see exhibit is organized by:



REDFIELD OLD SETTLER'S

ANNUAL SUCK DUCK RACE

SATURDAY, JUNE 28, 2025

1:00 PM*[†]

*FINAL SALES AT 1PM, RACE
TO IMMEDIATELY FOLLOW



STARTS AT THE REDFIELD DAM
ENDS AT HANGING ROCK

CASH PRIZES

† If river level or weather delays race, a makeup day will be scheduled for a later date.

Redfield Old Settler's Vendor Application June 27-29, 2025

VENDOR INFORMATION

Vendor Name:		
Contact Person:		
Mailing Address:		
City:		Zip Code:
Phone number:		
Email:		
TYPE OF BUSINESS (CHOOSE ONE) Craft Food	_	
ELECTRICITY NEEDED Yes No		
VENDOR FEES		
\$20 per space for no electricity		
\$40 per space for electricity		
I have enclosed a check or money order for: (may be mailed to: Redfield Old Settlers, PO Box 417,	A.	
Vendor Signature:		

SET UP: All vendors may set up on Friday at 3PM or Saturday at 8AM

Food Vendors will set up along 2nd Street along the east side of the park. (Electricity is provided)

Craft/Other Vendors will set up in the city park.

You must supply your own tables, chairs, and tents. Space is first come, first serve.

<u>Deadline to register is June 20th.</u>

NO REFUNDS

For more information please follow Redfield Old Settlers on Facebook or e-mail redfieldoldsettlers@gmail.com



DALLAS COUNTY LOCAL HOUSING TRUST FUND, INC.

An Owner-Occupied Rehabilitation Program

To provide and expand safe and affordable housing to low-income residents of Dallas County. Assisting homeowners within Dallas County with housing repairs and correcting code violations.

To qualify for assistance from this program, the homeowner must meet the following requirements:



The property must be located within Dallas County.



The property must be owner-occupied and the homeowner's primary residence.



Property taxes, mortgage payments and homeowner's insurance must be current.



The property must be a single-family residence, condominium or townhouse, and taxed as real property. *Houses being purchased under contract are not eligible.



Income limits of the household must fall at or below 80% of the area median household income, based on the State Housing Trust Fund Annual Income Limits. (see chart below)

Number of Persons in Household	1	2	3	4	5	6	7	8+
Maximum Total Gross Household Income for Program	\$90,400	\$90,400	\$103,960	\$103,960	\$103,960	\$104,900	\$112,100	\$119,350

What are the financial implications to the homeowner?

- The work is paid for by the Program through funding from the Dallas County Local Housing Trust Fund, Inc., the participating cities and other contributors.
- The financial assistance will be in the form of a forgivable loan with a maximum loan amount \$15,000 and a minimum loan amount \$500.
- The loan will be recorded as a mortgage on the property, with a term of five (5) years, decreasing 20% each
 year, and bearing no interest.
- The loan only comes due if the homeowner sells within the five years following the time of participation.

Program Eligible Activities Include:



Basic structural repairs:

- (a) Exterior Walls (b) Roof and roof structure
- (c) Foundation (d) Floor joists and ceilings



Building Systems:

(a) Electrical (b) Plumbing (c) Heating



Weatherization:

(a) Insulation (b) Windows (c) Siding



Handicap Accessibility:

(a) Exterior ramp (b) Bathroom facilities



Sump Pump:

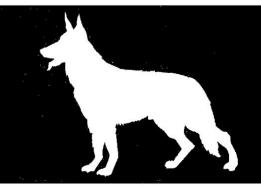
Sump pump installation & connection to storm sewer

To apply, scan the QR code or visit midiowaplanningalliance.com/dclhtf/



Questions? Call (515) 304-3524 or email housing@midiowaplanning.org

REMINDER: CITY DOG TAGS



\$2/SPAYED OR NEUTERED \$10 IF NOT. ALSO NEED PROOF OF RABIES BRING TO CITY HALL

Did you know dogs are required to be registered with the city of Redfield. You and your pet's safety is of utmost importance to us. Help us by ensuring our database is kept current with owner information and vaccination records.

The annual cost is \$2 for spayed and neutered dogs or \$10 per boy or girl. The biggest benefit of registering a pet with the City of Redfield is the increased chance of pet owners being reunited with their dog, should it become lost. We do our best to get your furry friend back to you should they decide to take themselves for a walk.

Applying for the license also serves as a reminder to renew a pet's annual rabies vaccination, which could save its life. Anti-rabies vaccination documentation issued by a registered veterinarian must be presented at the time of registration.

JBLUE NOTE GARDENS PERENNIAL PLANT SALEJ

Open Saturdays and Sundays
9am - 5pm
MAY 3rd - JUNE 29th
including Mother's Day, Father's Day
and Memorial Day

SPECIALIZING in PERENNIALS and HEIRLOOM VEGETABLES

Cash or checks accepted, sorry no plastic.

Located 3 miles west of Redfield on F59 | 3595 280th Rd. Redfield, Ia. 50233

THE

WHITE HOUSE

Washington, D.C. 51.5072° N, 0.1276° W



Come support the WCV MS students as they raise funds to go to Washington D.C.

May 10th: Market to Market Run: in front of M.S.

June 14th: Bacoon Ride: Redfield City Park

June 28th: Old Settler's Days: Refield City Park

IOWA STATE UNIVERSITY Extension and Outreach



Raising School Ready Readers

Build your child's literacy skills through everyday moments like mealtime, bath time, and car rides. You'll discover simple activities that help your child understand how books and print work, recognize letters, play with sounds, and express ideas through writing.

This is a family event! Parents love the practical tips, kids love the activities, and everyone enjoys the quality family time. Join us and turn daily routines into learning adventures!

Sessions on Friday's May 23th-June 20th

10:30 AM-12:00 PM

Redfield Public Library 1112 Thomas St Redfield, IA 50233

Funded by Extension and Outreach for ALL Participants!

Register online: https://go.iastate.edu/SDQ8SZ

In-person: Redfield Public Library

Or by contacting: Morgan Newell mnewell@iastate.edu | 515-991-5892

The fees for service will be used to offset direct expenses and to support the Health and Human Sciences County Extension Program. This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/legal. HS 117 March 2025

2024 WATER QUALITY REPORT FOR REDFIELD WATER WORKS

This report contains important information regarding the water quality in our water system. The source of our water is groundwater. Our water quality testing shows the following results:

CONTAMINANT	MCL - (MCLG)	C	Compliance	Date	Violation	Source
		Туре	Value & (Range)		Yes/No	
Total Trihalomethanes (ppb) [TTHM]	80 (N/A)	LRAA	14.00 (14 - 14)	09/30/2024	No	By-products of drinking water chlorination
Copper (ppm)	AL=1.3 (1.3)	90th	0.24 (0.02 - 0.32)	2024	No	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
Lead (ppb)	AL=15 (0)	90th	0.00 (ND -1)	2024	No	Corrosion of household plumbing systems; erosion of natural deposits
950 - DISTRIBUTION S	SYSTEM		get get	1c: #2000000000000		
Chlorine (ppm)	MRDL=4.0 (MRDLG=4.0)	RAA	1.6 (0.96 - 2.3)	12/31/2024	No	Water additive used to control microbes
01 - WELLS 1 & 3 AFT	ER TREATMENT					,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Barium (ppm)	2 (2)	SGL	0.07	04/18/2022	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Fluoride (ppm)	4 (4)	SGL	0.23	04/18/2022	No	Water additive which promotes strong teeth; Erosion of natural deposits; Discharge from fertilizer and aluminum factories
Sodium (ppm)	N/A (N/A)	SGL	149	05/28/2024	No	Erosion of natural deposits; Added to water during treatment process

Note: Contaminants with dates indicate results from the most recent testing done in accordance with regulations,

DEFINITIONS

- Maximum Contaminant Level (MCL) The highest level of a contaminant that is allowed in drinking water. MCLs are set as
 close to the MCLGs as feasible using the best available treatment technology.
- Maximum Contaminant Level Goal (MCLG) -- The level of a contaminant in drinking water below which there is no known or
 expected risk to health. MCLGs allow for a margin of safety.
- ppb -- parts per billion.
- ppm -- 'parts-per million.
- pCi/L picocuries per liter
- N/A Not applicable
- ND -- Not detected
- RAA Running Annual Average
- Treatment Technique (TT) A required process intended to reduce the level of a contaminant in drinking water.
- Action Level (AL) The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a
 water system must follow.
- Maximum Residual Disinfectant Level Goal (MRDLG) The level of a drinking water disinfectant below which there is no
 known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial
 contaminants.
- Maximum Residual Disinfectant Level (MRDL) The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
- SGL Single Sample Result

- RTCR Revised Total Coliform Rule
- NTU Nephelometric Turbidity Units

GENERAL INFORMATION

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water posed a health risk. More information about contaminants or potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. REDFIELD WATER WORKS is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://www.epa.gov/safewater/lead.

Our water supply has completed a service line inventory. Please contact us for information regarding the inventory and how you can access the results.

SOURCE WATER ASSESSMENT INFORMATION

This water supply obtains its water from the sand and gravel of the Alluvial aquifer. The Alluvial aquifer was determined to be highly susceptible to contamination because the characteristics of the aquifer and overlying materials provide little protection from contamination at the land surface. The Alluvial wells will be highly susceptible to surface contaminants such as leaking underground storage tanks, contaminant spills, and excess fertilizer application. A detailed evaluation of your source water was completed by the Iowa Department of Natural Resources, and is available from the Water Operator at 515-371-1364.

CONTACT INFORMATION

For questions regarding this information or how you can get involved in decisions regarding the water system, please contact REDFIELD WATER WORKS at 515-371-1364.

REQUEST TO RECEIVE REDFIELD UTILITY BILL BY EMAIL ONLY

The default method of bill delivery is mailing paper postcard bills to our customers, but the City of Redfield has the ability to automatically email utility bills each month instead of mailing out paper postcard bills. E-Bills (receiving your bill by email) offers the following advantages:

*The opportunity to go paperless (Go Green and save more trees)!

w*A convenient way to receive and save your bills

Date

*Eliminates bills getting lost or damaged in the mail

as nossible to update my email.

*Receive your bills sooner

*Saves the City money by reducing postage, material and equipment costs

Signature _____

The E-bill only delivery method is optional. To sign up for E-bills, complete the form below and return it to city hall. The form is also available on the city's website www.redfieldia.com Customers with multiple utility accounts should complete a City of Redfield E-Bill Sign-Up Form for each utility account.

Utility Account ______ Name ______ Name ______ Property Address ______ Phone ______ Phone ______ Phone ______ I understand that I am signing up to receive my monthly City of Redfield utility bill by email only. I also understand that paper postcard bills will no longer be sent to me by postal mail. I understand that it is my responsibility to pay my bill on time, even if I do not receive an emailed bill. I am responsible to notify the city if an emailed bill is not received. If my email address changes, I will contact the City of Redfield as soon

Redfield Public Library Ongoing Programs

Sip & Socialize - Every Tuesday from 9:30am-10:30am

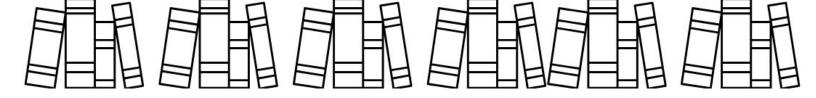
Bring your own drink or purchase one from our beverage bar

Majong –1st Wednesday of the month from 5pm–7pm

Book Club – 2nd Wednesday of the month from 6pm–7pm

Knitting Club – 1st Thursday of the month from 1pm–2pm

Storytime – 1st and 3rd Friday of the month from 10:30am–11am



IT ONLY TAKES 60
SECONDS TO GET A
LIBRARY CARD.
JUST CALL OR
COME IN!

Redifield Public Library

redfield.lib.ia.us.com

THE COMPLETE
LIBRARY
CATELOG IS NOW
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IF WE DO

NOT HAVE WHAT YOU

ARE LOOKING FOR, WE

CAN REQUEST IT FROM

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AND 3 PRINTERS AVAILABLE TO
YOU ALONG WITH FREE WIF!!

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DOWNLOADABLE EBOOKS AND

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THE LIBBY APP!

Thank You,

Redfield Board of Trustees

REDFIELD/DEXFIELD ALUMNI BANQUET

FYI - Old Settler's date changed to last weekend in June

Please plan to attend the Alumni Banquet on Sunday, June 29, 2025, 12:30 p.m., at the Redfield American Legion/Community Building. We will be honoring the 50th year Class of 1975!

We hope you will be able to join us for an afternoon of reminiscing with your classmates and friends.

The banquet will be held in conjunction with Old Settlers, make plans now to spend the weekend and enjoy all the festivities!

The cost for the Sunday banquet will be \$20 per person or \$25 at the door. Please make your check payable to Dexfield Alumni, include your graduation year on your check and mail by June 20th to:

Deb Light, Treasurer Dexfield Alumni PO Box 127 Redfield IA 50233

Questions? Call 515-833-2512 or email <u>dlight@redfieldia.com</u>
No refunds!

RESERVATION AMOUNT \$		DONATION AMOUNT \$
NAME		
STREET		
ADDRESS		
CITY, STATE, AND		
ZIP		
IS THIS A NEW ADDRESS? YES	NO	GRADUATION YEAR

2024 - 2025 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)



Elderly (60 & over) and/or disabled October 1, 2024, to April 30, 2025 All other households: November 1, 2024, to April 30, 2025

APPLY BY:

In Person

Mail





LIHEAP is a federally funded program that has been established to help qualifying lowincome lowa homeowners and renters pay for a portion of their primary heating costs for the winter heating season.

Household	<u>Annual</u>
<u>Size</u>	Gross Income
1	\$ 30,120
2	\$ 40,880
3	\$ 51,640
4	\$ 62,400
5	\$ 73,160
6	\$ 83,920
7	\$ 94,680
8	\$105,440

For family units with more than eight members, add \$10,760 annually, for each additional member.

Applications are taken at the following locations: (must apply in the county you reside in)

Audubon County	109 Tracy St	Audubon, IA 50025	(712) 563-2777
Calhoun County	334 Richmond St	Rockwell City, IA 50579	(712) 297-7721
Carroll County	23751 Hwy30. PO Box 427	Carroll, IA 51401	(712) 792-9266
Dallas County	2816 1 st Avenue	Perry, IA 50220	(515) 465-5185
Greene County	1401 N Elm St Ste A	Jefferson, IA 50129	(515) 386-2719
Guthrie County	400 State St PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
Sac County	1710 W Main St	Sac City, IA 50583	(712) 662-3236



Perry, Iowa Piecemakers Quilt of Valor (PIPQOV) Information Sheet

Honoree Name:	Honoree Phone #:		
Name & phone number of person making nomina			
Branch of service:			
Location of basic training:			
Where and when was specific training received: _			
Discharge date:			
Places served and duties:			
Other duties/experiences:			
Recognitions or honors:			
Occupations or activities since leaving service: _			
Permission to publicize? Yes No Any additional comments:	Award presentation preference?	Group	Individual

Submit form to: Barb Hansen, 2012 16th Street, Perry, IA 50220

Rex J. Harvey Foundation

A fund has been set up to raise money for a statue of Rex J. Harvey of Redfield.

Rex attended Dexfield High School, where he helped his track and field team win two state championships under the legendary coach Dean Roe. He then earned a Bachelor of Science in Mechanical Engineering at Iowa State University, where he attended on an athletic track and field scholarship. During which he participated in four U.S. NCAA Division I Championships.

Rex was a Vietnam War Veteran, who served as a Captain in the United States Airforce. As a member of the US Military track and field team he represented the United States at many international competitions, as well as the 1972 and 1976, US Olympic Trials in the Decathlon.

Rex went on to earn a Master of Science Degree in Systems Management at the University of Southern California. During his many years as an engineer, he designed and holds several patents for nozzles. He ended his career as a Research Development Engineer at Parker Corporation in Cleveland, Ohio.

Rex continued his track career as a master's competitor, during which he won 13 straight national decathlon championships, as well as several world championships in the decathlon, pole vault, and as a member of several relay teams.

Rex was inducted into the USATF Masters Hall of Fame in 2000. He was an integral part of developing age-graded tables for scoring masters track and field athletic performances. He was elected to two terms as Vice President Stadia of World Masters Athletics (WMA). At the time of his death, he was serving as the President of USATF Masters Track & Field. Rex had accumulated one million total decathlon points, making him a World Record holder.

Donations to honor Rex can be sent to:

The Rex J. Harvey Foundation % R. Joe Smith P.O. Box 460, Redfield IA 50233

FOOD BANK OF IOWA DALLAS COUNTY PANTRY PARTNERS

If you need help, please visit these partners. Please call ahead to confirm dates and hours of service.

FOOD PANTRIES

Waukee Area Christian Services* 515-987-5523 Westview Church 1155 S.E. Boone Drive, Waukee Monday from 12:00 - 6:00 p.m.

Tuesday, Wednesday, Thursday from 9 a.m. - 3 p.m. and Saturday from 9 - 11 a.m.

Adel Good Samaritan Food Pantry

515-478-3760

215 North 11 Street, Adel

Monday and Tuesday from noon - 2 p.m. and the Perry Crossroads Church Mobile Pantry forth Monday of the month from 5 - 6 p.m.

Perry Area Emergency Food Council* 515-570-2975 3000 Willis Ave, Perry

Tuesday from 10 a.m. - 12:30 p.m. and Thursday

from 1 - 3.:30 p.m.

Redfield Mobile Pantry 515-564-0330 Redfield City Hall 808 1st Street, Redfield

First Wednesday of every month at 4:30 p.m.

Adel Mobile Pantry

515-564-0330

New Hope Church 25712 US 6, Adel

Forth Monday of every month at 5:30 p.m.

West Des Moines Crossroads Church Mobile

515-564-0330

1200 60th Street, West Des Moines

Third Monday of every month at 4:30 p.m.

515-564-0330

2810 1st Ave, Perry

Forth Saturday of odd months at 8:30 a.m.

Dallas County Hospital Mobile Pantry

515-564-0330

610 10th Street, Perry

Forth Wednesday of even months at 3 p.m.

For more information, visit www.FoodBanklowa.org or call 515.564.0330 *Will provide delivery to seniors as needed

Partners may provide delivery to seniors if they have volunteers available to do so.







L-R Kurt Thompson, John Davis, Greg Wilson, Randy Hiatt, Bruce Miller, Pat Marks, Tony Feldmann-CPA, Joe Rinaldi, Kevin Pearce, Sam Braland-Legal Council

Front Row: Jordan Foster, R. Joe Smith, Nancy Smith

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- Design of Comprehensive Estate Plans
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- Wills, Trusts, Living Wills, Health Care Power of Attorney, and Financial Power of Attorney
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Who are the people in your neighborhood?

Anyone else remember that segment on Sesame Street where you find out about the different business owners, service people, and neighbors in the community? If you live, work, volunteer, or otherwise help Redfield be awesome, I want to hear from you! Please answer the following questions for articles to be included in upcoming issues of the Redfield Review. If you have an idea of someone who should be included, please email your suggestion to caradredge@gmail.com

Your name:
What would you like people to know about you and your family?
The name of your business or organization is:
How long have you been affiliated with this business or organization?
What is the primary goal or service offered by your business or organization?
What special events [or specials] does your business or organization have coming up?
What is something people might not know about you, your business or organization?
Just for fun, please answer one of the following questions:
1. If you could completely get rid of one month out of the year, what month would it be and why?
2. If your hometown was a food, what food would it be and why?
3. What would the silliest or most outrageous feature of your dream house be?



4J Farms Pet Nutrition	515.490.3280	MidAmerican Energy	888.427.5632
Aging Resources of Central Iowa	515.255.1310	National Investors - Home Office	515.833.2616
AJS Sanitation	515.564.9058	Nicole's Grooming & Boarding	515.705.8385
Alliant Energy	800.822.4348	Pea Ridge Products Tina Godwin	515.577.1635
Backroads Recordkeeping - Pam Paardekooper	515.833.2485	Bailey Pruitt	515.577.7573
Baker Heating & Cooling	515.559.6778	Raccoon River Retreats	515.229.9510
Blood Drive - Sue Rogers	515.720.5416	Raccoon Valley Plumbing	515.612.2666
Casey's	515.446.7659	Redfield American Legion Hall [Rental]	
Casey's Pizza	515.446.7660	Al Carmichael	515.833.2823
Chance Electric Motor	515.314.8132	Redfield Christian Church	515.833.2785
Cindy's Cleaning Service	515.210.3889	Redfield City Hall	515.833.2512
Dairy Shoppe	515.833.2815	Redfield City Public Works	515.833.2600
Dallas County 24 Hour Dispatch Non-Emergent	515.993.4567	Redfield Feed & Supplies	515.833.2280
DC Conservation Hanging Rock	515.465.3577	Redfield Medical Clinic	515.833.2301
Dexfield Diner & Pub	515.833.2927	Redfield Post Office	515.833.2741
Dollar General	515.478.3740	M-F 8 am-12 pm &1-3 pm, Sat. 9-10 am; Lobby o	pen 24 / /
DVC Plumbing - Dennis Clemetson	515.720.5856	Redfield Public Llbrary Mon., Wed. 2-7	515.833.2200
First State Bank	515.833.2303	Tue., Fri. 10-4	
Godwin Trucking - Nyle Godwin	515.250.1523	Sat. 10-12 Closed Thursday	
Hair Junction	515.833.2323	Redfield Quilt Shop	515.478.5555
Head Start - Christina Schalk	515.987.7428	Redfield United Methodist Church	
	712.830.1327	Reed's Bicycle Service and Repair	515.344.7963
Heartland Co-op	515.833.2953	Roto-Rooter Plumbing	515.278.5668
Hilltop Chapel	515.833.2515	Spracher Sewer Service	515.402.2598
Hide It Here & Hide It Here 2 Mini Storage	515.360.1695	T&T Auto Sales	515.867.8032
HTC Residential Cleaning	515.681.1744	Tigges Comfort Services, LLC	515.833.4024
Iowa State Patrol	800.525.5555	TK's Auto	515.833.2377
Johnson Funeral Home	515.789.4621	Valo-Biomedia	515.993.3574
K & D Cleaning	515.443.2487	West Central Valley Food Pantry	515.401.7102
Kate's Salon	515.473.4863	West Central Valley Schools	
Keller Williams GDM - Dan Wilson	515.371.1151	Redfield Middle School Dexter Elementary	515.833.2331 515.789.4480
Light Brothers Trucking	515.833.2365	Stuart Elementary	515.523.1018
Mediacom Cable	855.633.4226	High School	515.523.1313
		Windstream	800.347.1991



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Sip & Socialize 9:30 am Legion Mtg. 6:30 Council Mtg. 7	Mobile Food Pantry 4:30 Food Pantry 12:30-3:30 pm Chair Yoga 2:30 at City Hall Majong 5-7 pm	5 Knitting Club 1-2	Garbage City Wide Garage Sale Storytime 10:30	7 Legion Breakfast 6-9 am City Wide Garage Sale
8	9 Lions Club 6:30 pm	10 Recycle Sip & Socialize 9:30 am	11 WCV Food Pantry 12:30-3:30 pm Chair Yoga 2:30 at City Hall Book Club 6 pm	12	13 Garbage	14 Legion Breakfast 6-9
15	16 Development Corp. 7 pm	17 Sip & Socialize 9:30 am Legion Auxiliary 5	18	19	20 Garbage Storytime 10:30	21 Legion Breakfast 6-9 am
22	23	24 Recycle Sip & Socialize 9:30 am	25 Chair Yoga 2:30 at City Hall Library Board 5 pm	26	27 Garbage Raising Readers 10:30	28 Legion Breakfast 6-9 am
29	30					